

PERELANDRA, LTD.



EMERGENCY TRAUMA SOLUTION



Perelandra ETS Plus is an emergency trauma solution that fits everyone's needs for any sudden or long-term traumatic or stressful situation.

An easy to take oral solution, it is safe for adults and children.



Perelandra ETS Plus for Animals is a unique solution that specifically addresses stress and trauma in animals

ETS PLUS FOR ANIMALS

Every animal-friendly home and vet's office should have a bottle of ETS Plus for Animals. This solution is for the injuries, illnesses and other assorted traumas experienced by any animal, of any size or age — furred, feathered and scaled. ETS Plus for Animals addresses trauma as it is uniquely experienced by animals.



Give ETS Plus for Animals if your animal shows up limping or bleeding, or he's stressed (think thunderstorms, vet visits or vacation!).

Dosage: 10–12 drops (one dropperful),

Give two or three times, 5 minutes apart.

Do not dilute.

How to administer: In order to avoid contaminating the bottle of ETS Plus for Animals and to keep your animal safe from broken glass, do not give your animal its dosage directly from the dropper. Instead, give the solution to your animal by putting a dose (10–12 drops) in your hand, a clean spoon or bowl, or a clean plastic syringe. If your animal insists on being enticed, put the 10–12 drops of ETS Plus for Animals on the tiniest amount possible of irresistible food.

Perelandra ETS Plus (Emergency Trauma Solution)

Prepared and distributed by

Perelandra, Ltd., Warrenton, VA 20188

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ABOUT PERELANDRA ETS PLUS FOR HUMANS

Trauma within the human system occurs on all four PEMS (physical, emotions, mental and soul) levels when we experience a sudden and shocking situation or event. The key words with trauma are “sudden and shocking.” Let’s say a man has a car accident and is injured. He has several broken bones, cuts that will require a lot of stitches, torn muscles and severe bruising. This is the list of what has happened to his body as a result of the accident. It’s not the trauma. The trauma is the immediate reaction on his PEMS levels from having just experienced the shock of an accident and from the sudden assault on his body and his life. The trauma comes from the sounds and sights of the accident as it’s happening. It comes from seeing glass fly all over the place. It comes from seeing blood. It comes from hearing people shout as they run toward him to help. It comes from the sudden awareness that he is in trouble and could possibly die. And it comes from knowing that his life, which was scheduled and orderly just two seconds ago, is now turned upside down and in total chaos. These reactions are part of what constitutes trauma. They are not the injuries themselves.

The first twenty minutes is a critical window when dealing with trauma. During this time, the trauma symptoms and the injury symptoms remain separate electrically, making the trauma circuits easier to isolate and repair. However, when damaged trauma circuits aren’t addressed in the first twenty minutes, they do not deactivate. The body must balance, stabilize and repair the trauma circuits before it can address any injuries. (For more information on the human electric system, see the Chapter 1 excerpt from *The Perelandra Essences* on our website.)

Take ETS Plus, the Perelandra solution developed to balance, stabilize and repair damaged trauma circuits, and address trauma symptoms within the first twenty minutes.

ETS Plus contains 153 electrical patterns that are combined to specifically address the full range of trauma-circuit damage. If circuits need repair, they've got the ETS Plus to do it with. The best way to use ETS Plus is to take it for any incident or event, large or small — anything that feels like a blow to your system, or anything that would make you gasp — and let the body's circuits sort it out. If they are fine, there's no foul and no harm. An incident or event that may require you to regain your footing could be:

- A physical injury of any kind,
- hearing news that puts you off balance,
- a bad dream,
- dealing with a confrontation,
- waking up in the morning . . .

This could be a long list! We don't want you to think that you should go through life taking your ETS Plus every few minutes because everything is a trauma. See page 6 for more examples of when to use ETS Plus. It's important to be aware of the full range of how ETS Plus can help you.

In the book, *The Perelandra Essences*,* you'll find additional guidelines for using ETS Plus such as:

- Extended Trauma Time Frames
- Trauma Care / Emergency Room Response / EMT Response / Battlefield Triage
- Topical Applications (After the oral dose!)
- Using ETS Plus and the Perelandra Essences
- Extreme Trauma Repair Process

The Extreme Trauma Repair Process includes instruction for yourself as well as: coming to a friend's aid, addressing old extreme-trauma events, how this would apply for yourself, newborns, toddlers and young children, children and young adults, and even the adolescence from hell.

* See our website for a free download of Chapter 8 on ETS Plus from *The Perelandra Essences*.

DIRECTIONS & DOSAGE

Adults

ETS Plus is an oral solution. Take 10–12 drops (one dropperful), 2–4 times within the first 20 minutes of a trauma or as otherwise directed in the “Traumas within Traumas” and “Daily Doses of ETS Plus” sections.

Do not dilute ETS Plus. Do not take less than 10–12 drops.

Take it directly from the dropper. Should the dropper touch your mouth or tongue, be sure to wash the dropper well before putting it back in the bottle.

Children (Age 10 and Under, and Infants)

Administer 5–6 drops 2–4 times within the first 20 minutes of a trauma or as otherwise directed in the “Traumas within Traumas” and “Daily Doses of ETS Plus” sections.

Do not dilute ETS Plus when administering to children. Do not administer less than 5–6 drops.

Give the drops directly from the dropper. Should the dropper touch your child’s mouth or tongue, be sure to wash the dropper well before putting it back in the bottle.

Newborns (Up to 9 Months)

Up to nine months of age, place 10 drops on the baby’s forehead, a few drops at a time and gently massage them into the skin. After they pass 9 months, they will need to take all drops orally.

See page 9 for the *ETS Plus Birth-Stabilizing Process*.

WHEN TO TAKE ETS PLUS

Accidents and Attacks (Serious and Small)

Cuts, burns (including tongue burns from hot food or beverages), sprains, falls, bites, sports injuries, spinal cord injuries, car accidents, heart attacks, strokes, seizures, asthma or allergy attacks, insect stings, equipment/tool accidents, severed limbs/fingers, broken bones, sexual assault . . .



Illness

Food poisoning, radiation sickness, reaction from medication, sudden appearance of a rash, an allergic reaction from an insect sting, allergies (food and others), sudden craving, sudden nausea/pain/exhaustion, heat stroke or heat exhaustion, feeling faint/light-headed/dizzy . . .



Situations

After hospital visits and/or visits to a sick friend resulting in exposure to disease-causing viruses, fungi and bacteria; exposure to industrial and home chemicals, cleaners, insecticides, herbicides, fertilizers and pesticides; exposure to high levels of air or water pollution; right after taking serious or strong medications (whether you have had a reaction or not); after receiving difficult, scary or invasive medical treatments, either in a physician's office or in the hospital, including vaccinations or shots, radiation and chemotherapy treatments, receiving stitches; dental appointments; after getting a sunburn; after each counseling/therapeutic session; after physical therapy sessions; during and immediately after a PTSD attack; when experiencing fears or phobias; after a difficult family visit or discussion/argument; grief; the anniversary of a personal crisis or the death of a loved one . . . If you are a parent, you will want to have ETS Plus available for your child for the countless accidents and illnesses he/she goes through, as well as for yourself for getting through the trauma of dealing with your child's accidents and illnesses.



Shocking Personal, Local and Global News

You've just heard someone you know has died or been killed, another terrorist attack has occurred, war is breaking out, people (especially children) are suffering from famine and starving to death, a natural disaster has destroyed everything in its path and killed many, a nuclear reactor is damaged and could result in a meltdown . . . You've just been fired, failed a test, received bad news about a family member or friend, received a call from a bill collector or the bank,

been told you have a serious illness or disease, been told your spouse wants a divorce, your car has been stolen, you've been robbed, you've just been told you've been exposed to something toxic, you just read this list . . .



Traumas Within Traumas

Example: You had an accident or illness for which you took your ETS Plus during the first twenty minutes. The ETS Plus stabilized you well. And now it's a day later or weeks later and you are recuperating from that injury or illness. You wake up one morning and realize that you have taken a step backward in your recuperation process and are feeling ill or pain. Or you suddenly feel awful during the day. Assume you have experienced another trauma that is impacting your healing process and take ETS Plus again three or four times within the first twenty minutes of experiencing the new discomfort.

Another example: We have the same scenario as described above. Only this time you are not near your ETS Plus bottle for hours. If you still experience the new discomfort once you have access to ETS Plus again, consider that your first twenty minutes of the trauma within a trauma begins at that point and take ETS Plus three or four times within the next twenty minutes.



Daily Doses of ETS Plus

If your workplace or home are regularly exposed to chemicals, biological agents, cleaners, insecticides, herbicides, fertilizers, pesticides or radiation, take three or more doses of ETS Plus (10 to 12 drops) throughout the day, including one dose in the evening before bedtime. You would also take these daily doses any day(s) your area has high levels of air pollution or if you are exposed to water pollution on a regular basis. And if you work in a "sick building," you will also benefit from taking ETS Plus three or more times a day, including at bedtime. Should you experience stress or unusual difficulty in your job or home situation (e.g., fears and concerns about a member of the military who is deployed in a war zone, a family member is an alcoholic or is taking drugs, or you are taking care of a chronically ill or elderly person . . .), your health and well-being will benefit from several doses of ETS Plus throughout your day, including one dose at bedtime. People who work in high-intensity jobs such as EMT response, trauma care, hospital emergency rooms, police, firefighters, 911 operators, suicide hot line operators . . . These kinds of jobs have trauma built into them.

ETS Plus Bath

The full-immersion experience. An ETS Plus bath works wonders for everything from general stress to periods of extreme stress to tired, sore or injured muscles, sunburn, heat exhaustion, recovering from surgery or illness, or just recovering from life . . .

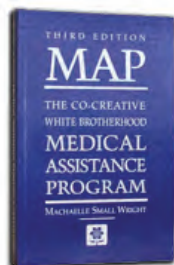
For an ETS Plus bath, put ¼ cup (two ounces) ETS Plus in a full bath and soak for twenty minutes. Do not add any other bath ingredients such as bubble baths, salts, oils, etc. If you use PKTT (Perelandra Kinesiology Testing Technique), you can test for how many nights you would benefit from an ETS Plus bath. Everyone who has tried the bath swears by it!

If you hate sitting in a tub or don't have time for this, but you know you could benefit from a full immersion, put undiluted ETS Plus in a spray bottle and spray the solution over your whole body. (You need to be naked for this!) Then air dry. It should take just a few minutes. (Pour any remaining ETS Plus back into its dropper bottle each time you have finished spraying. Don't let it sit in the spray bottle.)



With MAP (Medical Assistance Program)

If you are working with Perelandra's MAP, you may assist the integration of your team's work and shorten the period between the session and when the work seats in your body by taking ETS Plus after your MAP session. Instructions for this are in the third edition of *MAP: The Co-Creative White Brotherhood Medical Assistance Program*.



Emergency First Response for Others

From Machaelle in Chapter 8 of The Perelandra Essences

I generally carry a bottle of ETS Plus with me. I never know when I'm going to do something to myself. I'm pretty creative with my own klutziness. But I also don't know when someone I'm with or who is nearby is going to have an accident or suddenly become ill. So I carry the bottle as an emergency first response, as well. Over the years I've had several opportunities to offer it to people in trouble. Each time they've let me administer the doses to them. Each time the ETS Plus clearly helped them. And each time they were grateful for the help.



ETS PLUS BIRTH-STABILIZING PROCESS

We can now greatly expand the range of support for both mother and child during the birthing process by taking ETS Plus.

- **Labor and Birth.** As soon as contractions begin, take two doses (ten to twelve drops per dose) of ETS Plus. Focus on yourself for the first dose and on the baby for the second dose. If labor proceeds naturally and without any problems, this initial dose of ETS Plus is all you and the baby will need. However, should a problem arise or should you feel overly stressed or panicked during labor, take another dose of ETS Plus immediately for yourself and a second dose for the baby.
- **Tell Dad** (or whoever is assisting or coaching you) to take a dose of ETS Plus once labor begins so that he can be more helpful during the process and less annoying. Should he faint or become overwhelmed at any time during the process, he's to take another dose.

As Soon as Possible After the Birth

- **Mom.** Take one dose of ETS Plus for your part of the birthing process. If you received stitches or experienced any other problem during the birthing process and you work with the Perelandra Essences, plan to telegraph test using the surgery guidelines in *The Perelandra Essences* once you are up to testing the Essences again.
- **Baby.** Tell someone to place ten drops of ETS Plus on your forehead* and gently rub the drops into the skin. (It would help if they held the bottle in their hands to warm the solution before putting the drops on your forehead. After all, you're brand new to this life and deserve a little extra TLC.) Then tell them to let your forehead air dry. Finally, tell them to cuddle you like crazy and tell you how perfect you are. (If they don't say any of this to you, throw up on them.)
- **Dad.** Take one dose of ETS Plus to balance out the intensity of your own experience during the birthing process and the shock of realizing the baby is finally here and is actually lying there and staring at you.

* Up to nine months of age you can place ETS Plus drops on the baby's forehead and gently massage them into the skin. After that point, they will need to take all drops orally.

HAVE ETS HANDY

It's important to have a bottle within easy reach should a trauma occur. Really. It's so annoying to have to go on a search mission while we're bleeding all over the place or we've just knocked ourselves senseless. Think about the danger zones for you and your family and put a bottle of ETS in each location.

This would include having a bottle in the kitchen, bathroom, workshop, office, each car, bike bag, backpack, gym bag, purse and briefcase. Also include a bottle by the television and phone to use when receiving or hearing bad news. And if you're like me, you also may need to carry a bottle around in your pocket so that you'll have your ETS handy at all times throughout the day.

IMPORTANT

ETS stabilizes you physically, mentally and emotionally through the electric system after experiencing an emotional, mental or physical trauma. It does not take the place of needed and qualified medical attention such as having a broken bone set, receiving stitches or taking needed medications. In such cases, you would take your ETS immediately after the trauma and call for help. ETS stabilizes you and eliminates the complications that occur with an injury or illness from the effects of a trauma, thus allowing any needed medical treatment to be more effective.

ETS (for humans and animals) is environmental and security-device protected and is not affected by environmental pollution or travel security procedures.

CONTENTS

Perelandra ETS for Humans has been created by nature from a combination of electrical infusions from 153 different plants, minerals, natural gases and elements found in the sea, atmosphere and on land. During the production process, Machaelle works with nature to combine the components needed. In the first phase of the process, nature restores each element back to its original state of balance, thus eliminating any damage that has been caused by environmental breakdown and human interference. This allows the ETS to be made with balanced and “clean” ingredients. And it enables the elements to release their original balancing properties to ETS and to the body when it’s taken orally. In the next phase of the production process, the balanced electrical patterns for each of these elements are combined. The somewhat explosive result is a completely new, single, complex electrical pattern that has as its foundation the patterns from all the elements required for the ETS.

ETS electrical patterns are then released to and stabilized in water. ETS for Humans is preserved in brandy or distilled white vinegar. It is natural, and by using only electrical patterns rather than the physical elements from the 153 “ingredients” that create the new electrical patterns, no allergic reactions or side effects are triggered — unless you are allergic to water, vinegar or brandy. (If none of this makes sense to you, just remember that you probably don’t understand how your microwave or television works, yet you can use them quite successfully. With ETS, you may not understand how these things are produced but, like the microwave, you can still use them successfully and with excellent results.)

QUESTION HOT LINE

The Question Hot Line is open from 10 A.M. to 8 P.M., eastern, every Wednesday.

1-540-937-3679

If you have questions about how to use our products and processes, our Question Hot Line is for you. If you are having trouble deciding how to begin with the Perelandra products and what’s best for you, give our Hot Line a call.

WHAT'S THE DIFFERENCE BETWEEN ETS & OTHER PERELANDRA PRODUCTS IN A BOTTLE?

ETS for Humans or *ETS for Animals*: The perfect emergency trauma solution for any sudden or long-term trauma, or even daily stress.

(Also available: ETS for Plants, ETS for Soil, ETS for Atmosphere, ETS for Water and ETS for Soil-less Gardens.)

Perelandra Essences: Oral solutions that are taken to balance, stabilize and repair the body's electric system and its circuits during times of illness, injury and stress. They are also taken for maintaining the overall strength and balance in the electric system.

NOTE: ETS does not replace Perelandra Essences. But it will simplify your essences testing. Test for ETS Plus before you test yourself for essences or before doing any essences processes. Your essences test results will be simpler and more precise.

Essence of Perelandra: Provides a unique balance that adds a foundation of strength, stability and support for humans, animals, environments and projects.

Perelandra MBP Balancing Solutions: A daily “tonic” that adds balance and strength to your specific body systems — cardiovascular system, immune system, digestive system, endocrine system, etc.



U.S. & Canada Order Line: 1-800-960-8806
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