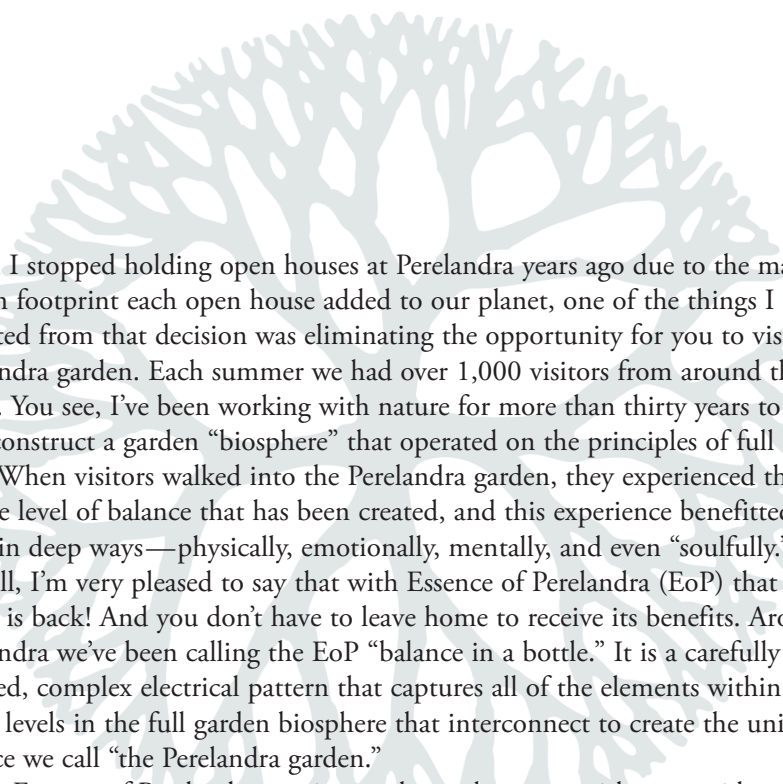


Essence of Perelandra



Machaelle Wright



When I stopped holding open houses at Perelandra years ago due to the massive carbon footprint each open house added to our planet, one of the things I regretted from that decision was eliminating the opportunity for you to visit the Perelandra garden. Each summer we had over 1,000 visitors from around the world. You see, I've been working with nature for more than thirty years to carefully construct a garden "biosphere" that operated on the principles of full balance. When visitors walked into the Perelandra garden, they experienced the unique level of balance that has been created, and this experience benefitted them in deep ways—physically, emotionally, mentally, and even "soulfully."

Well, I'm very pleased to say that with Essence of Perelandra (EoP) that experience is back! And you don't have to leave home to receive its benefits. Around Perelandra we've been calling the EoP "balance in a bottle." It is a carefully constructed, complex electrical pattern that captures all of the elements within each of the levels in the full garden biosphere that interconnect to create the unique balance we call "the Perelandra garden."

Use Essence of Perelandra anytime and anywhere you wish to provide a unique foundation of balance, stability, strength and support. The dose: 10 drops. You may take 10 drops of EoP orally to add balance, stability, strength and support for your overall health and well-being. You may give 10 drops to a child or infant for their health and well-being. And you may give 10 drops to a pet. You can also use EoP "non-orally" and provide 10 drops to your job, specific work-related tasks, any project you are working on or any soil-less garden you are working with. You may add EoP to your home, garden or farm biosphere to give it additional balance, stability, strength and support. (*See "Directions" for how to apply EoP.*) Have you noticed I keep saying "10 drops?" That's because no matter how you wish to use Essence of Perelandra, you always use 10 drops per dose. Could this be any easier?

In order to better describe what Essence of Perelandra provides, I let four staff members work with it for twenty days. Then I asked them to write what they experienced, including any changes or results, and how they would describe EoP to you.



As our world has become more complex, there is a pressing need to bring the support of deep balance into all the areas of our lives—health, job, projects and goals, and our environment. Essence of Perelandra has been created specifically by Machaelle and nature as a tool for making the deep balance of the Perelandra garden available to anyone who desires a greater support from nature for themselves, their family, their home and their projects.

EoP helps us in several ways. It fosters better mental focus and understanding of how elements of a project work together. It forms an environment that allows these elements to flow and coordinate with each other more easily. It facilitates right order and timing as the elements mesh and work toward the goal. It can bring greater intuitive insights and a sense of “getting unstuck” when we are faced with thorny or difficult problems. It does all these things by providing a balanced foundation where things just plain work better because the full support of nature is there.

People who have visited the Perelandra garden over the years have often commented on how they feel more clear and energized in its supportive field. Now, Machaelle and nature have found a way to bottle this up and make it more widely available. Essence of Perelandra won't create a miniature Perelandra for you but it will give you an important tool for helping make you and whatever you are doing more efficient and better give you the results you're seeking.



How would I describe Essence of Perelandra? Balance in a bottle. But not that “magic-bullet, you-don't-have-to-do-any-work” kind of way. You can be handed everything in the world to function well, but you still have to choose to make use of it.

Think of a task that you do on a regular basis—like balancing your checkbook, your commute to work, preparing dinner, cleaning the house, organizing volunteers, writing an email, an Energy Cleansing of your home... anything. You know how that task normally feels. You know what parts you have difficulty with or find challenging.

Now imagine support. Support from the balance of the Perelandra garden given to you, your home, your family, your work, your life. Imagine the kind of quality that comes from a foundation like that. And imagine what kind of impact that can have on the world around you. That's what Essence of Perelandra gives.



Essence of Perelandra offers “a walk in the garden,” and specifically, the Perelandra garden. As Machaelle originally explained it, it gives you the benefits of an afternoon in the Perelandra garden.

For me, it seems to be a shift that affects my mind and emotions in a positive way that the Perelandra Essences and ETS do not. When taking it for preparing for a busy work day at Perelandra, I find that the work day seems to flow without my getting overly upset or stressed. I seem to move through the day without the emotional stress that is typical for me, and just keep going on to the next thing that needs to be addressed. The effect after taking EoP does not suddenly change me in any way. It seems to have an invisible, gradual effect that goes unnoticed until I look back and reflect on the day. For instance, one day I had prepared for a busy day with a demanding schedule. Late in the day I was told that all the work I had done on a specific project the night before and up to that point of the day was put on hold, that the project would be delayed indefinitely. Usually this would drive me crazy, but I was able to just laugh it off and move on without dwelling on it. Remarkable.

So much of my time and energy goes into worrying and trying to control everything I am responsible for and getting frustrated with what doesn't go according to my plan. Perhaps the EoP brings in a more co-creative nature-like approach that helps alleviate all the personal junk and worry that gets in the way of letting things flow.

I find that the effect is always gradual for me and just seems to happen without noticing that anything has changed until I go back and reflect to write down the results.



I've been using Essence of Perelandra for twenty days. Some of the effects were obvious and immediate. And then there was the gradual quiet shift (if you can call three weeks gradual) that when I sit down and think about it, is actually quite profound.

The first time I used it, I was about to go into a meeting on a subject three of us had been avoiding for months, and it was a foggy-brain afternoon. I took Essence of Perelandra orally and then shifted it [see “Directions” for steps] specifically for the meeting. There was an immediate change in my ability to focus and the meeting was surprisingly productive—we finally moved forward.

I took Essence of Perelandra orally each day for my personal balance. I also used it for specific work projects and goals, volunteer activities, and health issues. The resulting effects were sometimes unusual. What would at first appear to be a lack of success in achieving expectations, suddenly turned into an unexpected opportunity and very positive experience in an area of a project that I had not given my attention to.

In the past week, I have felt a calm and a quiet that is so unfamiliar. I have had many moments of fearing I was not getting done what needed to be done, that I needed to be DOING SOMETHING more. Because I shouldn't feel like this, I must be avoiding or ignoring something. Where was the battle, the noise in my brain from all that needs to be done? Where was the overwhelm? I was unusually focused on each task at hand, not doing my usual bouncing from project to project and interruption to interruption. And I was feeling guilty about it! As if I was going to be caught not doing enough. Amazingly large or daunting tasks were being completed—one by one. And small tasks I would have put off to a pile were being completed with ease.

I can't fully explain it. I feel like I'm in the midst of changing a way of being that has been with me my entire life. And though I have been very aware of it for years, aware of the obstacles it creates for me, I never found a way out. I only found ways around—and worked really hard to get around my own blocks. Now, something is melting away, without any effort on my part.

Out of the blue, this thought popped into my mind yesterday: "It doesn't change who I am, it takes away the struggle to be who I am."

And perhaps that's what it's doing with the projects, taking away the struggle in the movement. It doesn't change the project itself. It allows it to be what it can be.



Our main copier had been frustrating everyone for over a week. Tech support hadn't been able to straighten out the problem yet. That Saturday afternoon, I had a variety of copier jobs to run, most of them two-sided. The choice was to use a smaller copier, manually flip small stacks of paper and prepare to do some stapling, or risk it with the big copier that was made to easily do those things. Essence of Perelandra came to mind. I asked nature to shift ten drops of EoP to the copier and then got started. Almost two hours later, every copy job (and one unexpected 450-page print job that had been stuck in the copier's memory) was completed without a single hiccup.

DIRECTIONS



FOR HUMANS AND ANIMALS

Essence of Perelandra may be used by humans and animals for providing balanced strength, stability and support. It may also be taken for specific human or animal issues. In this situation, take EoP twice: once for strength, stability and support, and again while focusing on the specific issue. Repeat this (taking EoP twice) for each issue you address.

When facing a special challenge or difficult meeting, take a dose of EoP orally for balanced support and strength as you address that challenge. In this situation, you only need to take one dose of EoP.

EoP is completely natural and safe for children and infants, adults and seniors. It may also be used with companion animals or farm/ranch animals. Administer the drops orally. Be sure to rinse off the dropper should it touch any part of a person's or animal's mouth before placing it back in the bottle.

The easy directions: Take 10 drops orally any time you feel that Essence of Perelandra could be helpful. While taking the drops, focus your attention or state aloud what you want the Essence of Perelandra to address. Take the two doses as described above when taking EoP for a specific issue.

The drop-saving directions: If you know how to kinesiology test, ask: "Do I (or name of person/animal you're testing) need Essence of Perelandra for _____?" (Insert the focus of the test: general support or support for a specific issue.)

1. If you get a positive test result for general support, take (or give) 10 drops orally while thinking about the focus of your test.
2. If you get a positive result for a specific issue, take one dose of EoP for general support as it relates to the issue and a second dose while focused on the specific issue.
3. If you get a positive result for a challenge you are facing, just take one dose of EoP while maintaining your focus on that challenge.

You save drops when using the "drop-saving directions" by making sure you don't use EoP when it's not needed. When using the "easy directions," you may administer EoP when you think it is needed but, in actuality, it is not needed.

The extra drops do not cause any harm or reaction and are perfectly safe. The body will simply cast off or release any drops that are not needed.

I wish I could give you specific guidelines for how often to take EoP. For example, I can tell you to take an MBP Balancing Solution once daily. Essence of Perelandra's effectiveness range depends on the individual, and what he or she is addressing (e.g., general support vs. a specific issue). Depending on the situation, it may be daily or weekly or monthly. Or you may not need a second dose for six months. It all depends on the system of the person/animal being balanced, the condition of the environment in which that person/animal is living and the specific issue being addressed. To determine

when to take EoP, you'll need to either use your intuition, common sense or kinesiology test. Although kinesiology testing for when EoP is needed takes away the guesswork, you can still establish your personal EoP pattern and rhythm using intuition and common sense. Don't be afraid to try EoP for as many situations or conditions you can think of in the beginning. After a while, you'll be able to recognize what it feels/looks like to experience EoP's balance and what it feels/looks like to lose that unique balance.



FOR PROJECTS AND GOALS

In the above section I describe how to use EoP for personal well-being. First address the overall well-being. Then, if needed, address any specific issues. For projects and goals, you apply a similar concept. First address the overall project and add the EoP's unique balance to this. Then, as you are working with the project, you may have a specific task that is part of that project. For example, your job may be public relations and you would administer EoP for the overall "health and well-being" of your job as it is defined. Under that job umbrella, you may have different clients. You would also administer EoP to each one of those client accounts—not the client but the account itself. (Administering EoP to another person without their conscious permission is unethical.) Then let's say you need to put together a brochure as part of one client's job. You would administer EoP to the brochure project for that account.

I see this as a kind of outline:

- I. Your public relations job (your job description) > Administer EoP
 - A. A client's account (You're hired to do a specific job) > Administer EoP
 - 1. A special task (brochure) within that specific job > Administer EoP

Or, your client has an ongoing account with you and you do numerous jobs for them:

- I. Your public relations job (your job description) > Administer EoP
 - A. A client's long-term account > Administer EoP
 - 1. A specific job for the client > Administer EoP
 - a. A special task (brochure) within that specific job > Administer EoP

Or, you own a company/business:

- I. Your company/business (as it is defined) > Administer EoP
 - A. Department 1 > Administer EoP
 - B. Department 2 > Administer EoP
 - C. Department 3 > Administer EoP

We've found that EoP is most effective when a project or goal is broken down into defined chunks. This approach allows you to use Essence of Perelandra with precision and provides you with EoP's best range of effectiveness. Should you see that one area of your job or one area of your business is experiencing difficulty, use your common sense and take the hint. Administer EoP especially to this area. Or kinesiology test that area to determine if a dose of EoP is needed.

Steps for Administering Essence of Perelandra to Projects and Goals

You will need to work with nature to administer EoP (an NS application) to a project or goal.

1. Focus your attention on the project/goal you wish to address, and state: “I wish to set up with nature to shift Essence of Perelandra.”
Wait 10 seconds.
2. Define/describe the project/goal succinctly. Write it down or say it aloud. (Ex: the job description for a specific job, the “official” definition, direction and purpose of your company, the focus of a goal/project.)
3. Place 10 drops of Essence of Perelandra in a clean spoon.
4. Hold the spoon out in front of you and say, “I wish to shift these Essence of Perelandra drops to the _____ (project or goal) that I’ve described.” Hold the spoon out in front of you for 10 seconds. The shift occurs automatically.
5. After 10 seconds, the shift is complete and you are finished. (Nature did the shift for you, so you might want to give a little tip of the hat to nature and thank it before moving on with the rest your day!)

Essence of Perelandra Ethics for Projects/Goals

If you own a company, you may administer EoP to the company overall and to each of its departments and subdivisions. However, it is unethical to try to include those working in your company without their conscious approval.

If your job is in a department or division of a larger company, you may administer EoP just to your job as it is officially defined. You may also use EoP for any special projects that you are to do, such as putting together a presentation, giving a lecture or speech, putting together a writing project, getting out a report, etc.

Administering EoP to a Soil-less Garden*

(* For information about soil-less gardens, what they are and how to work with one, see the book *Perelandra Soil-less Garden Companion*.)

Any time you administer EoP to a soil-less garden, open your soil-less garden coning first. Kinesiology test the issue or area you wish to address. Anything that tests positive gets a dose of EoP by setting up an NS application (p. 36, *Perelandra Soil-less Garden Companion*). You don’t need to ask how many drops are needed because you will always administer 10 drops. Test for need any time you see or sense that your soil-less garden is struggling or in need of the EoP balance. You may need to administer EoP to just one department or element of the SLG. For example, if you are having trouble stabilizing your SLG financially, open the SLG coning, focus on the finances and test if EoP is needed.

Administering EoP When Starting a Soil-less Garden Project

Work the Starting Process Steps as written (p. 27, *Perelandra Soil-less Garden Companion*). At the end of Step 8 and before moving on to Step 9, set up for an NS application (p. 36) and administer 10 drops of EoP to your newly activated soil-less garden.



EQUIPMENT AND MACHINERY

Use the same five steps as written for administering EoP to projects and goals. Only now you will focus on a specific piece of equipment/machinery. If the equipment/machinery is part of a soil-less garden, set up for administering EoP to a soil-less garden and focus specifically on the equipment/machinery in that SLG you wish to address.



ENVIRONMENT, PROPERTY, FARMS, GARDENS

When you administer EoP to your property, yard, woods, pond, a farm/field or your garden(s), you provide an exceptional foundation of balance to that area. Use the same five steps as written for administering EoP to projects and goals. Only now you will focus on a specific environment, yard, farm/field, garden, etc. You may administer EoP to an entire property. And you may also administer it to specific areas within that property that have special functions. If you wish to administer EoP to your home and property, focus on the property first. After administering the 10 drops, then focus on your house and administer those 10 drops. Do this for any other individual buildings that might be sitting on the property.

EoP Ethics for Environments

You must either own, rent or be officially in charge of a specific environment, property, farm or garden, etc., in order to have the right to administer EoP to it.



USING ESSENCE OF PERELANDRA FOR GARDENING/FARMING

This is going to move your gardening/farming experience way down that sometimes elusive strength-and-balance road. By including EoP you are adding a deep foundation of balance from the Perelandra garden directly to your garden/farm. Rather than taking years of careful, step-by-step progression when it comes to building your garden's balance with nature, you can insert the deep Perelandra garden balance right into your full garden/farm experience. And as I've said, your garden's/farm's progression will take a giant leap forward and your garden's/farm's production will also take a giant leap forward in quantity and quality.

For details on how to use EoP with your garden or farm, see *The Perelandra Garden Workbook*.



ESSENCE OF PERELANDRA STRESS BREAKS

Are you feeling frazzled or are the walls are closing in on you or you'd just like to scream? Take an Essence of Perelandra Stress Break.

Take a quick shower first. Then fill your tub (with water!). Add 1/3 cup of Essence of Perelandra. Don't add soap, shampoo, bath oil, bubble bath or chicken gizzards to the EoP bath. It's just you and your EoP. Now lie back, relax and soak for 20 minutes. Don't rinse yourself off. Just pat yourself dry (with a towel!).

Repeat anytime you feel the world's walls start to close in on you. An EoP bath restores your sense of balance, gives you strength and helps you continue on with your life in a connected, calm and effective way.

If you hate sitting in a tub or don't have time for for a bath, but you know you could benefit from a full immersion, put undiluted EoP in a spray bottle and spray the Solution over your whole body. (You need to be naked for this!) Then air dry. It should take just a few minutes. Pour any remaining EoP back into its dropper bottle each time you have finished spraying. Don't let it sit in the spray bottle.



What's the Difference Between EoP and Other Perelandra Products in a Bottle?

Essence of Perelandra: Provides a unique balance that adds a foundation of strength, stability and support for humans, animals, environments and projects.

Perelandra MBP Balancing Solutions: A daily “tonic” that adds balance and strength to your specific body systems: cardiovascular system, immune system, digestive system, endocrine system, etc.

Perelandra Essences: Oral solutions that balance and stabilize specific electrical circuits in the human body. When the circuits are compromised, stressed or broken, our health is challenged. The Perelandra Essences are used as needed for these challenges.

ETS for Humans: The perfect emergency solution for any surprising or sudden mishap, or for daily stress. Also available: ETS for Animals, Plants, Soil, Atmosphere, Water and ETS for Soil-less Gardens.



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