



# THE PERELANDRA ESSENCES

*A Revolution in Our Understanding  
and Approach to Illness and Health*



MACHAELLE SMALL WRIGHT



PERELANDRA, LTD.

CENTER FOR NATURE RESEARCH  
JEFFERSONTON  VIRGINIA

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and James F. Brisson, Williamsville, VT 05362.

Copyediting by Elizabeth McHale, Readsboro, VT 05350.

Proofreading and GROMs extraordinaire:

Jeannette Edwards, Beth Shelton, Rebecca Colbert and Karla Johnson.

Consultant and cheerleader: Otis Woodard, M.D.

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## Introduction

# The Perelandra Essences

The Perelandra Essences are oral solutions that are taken to balance, stabilize and repair the body's electric system and its circuits during times of illness, injury and stress. They also are taken for maintaining the overall strength and balance in the electric system.

SOMETIMES THE MOST DRAMATIC and game-changing developments in science, medicine and life have as their foundation simplicity. If you feel that the above description of the Perelandra Essences is perhaps a little too concise and oversimplified, at first glance I might agree with you. What I can tell you is that those two sentences are accurate. The rest of this book explains, describes and demonstrates what those two sentences mean. What follows will introduce you to a revolution in our understanding of health and healing.





Part One

THE ESSENCES AND  
THE ELECTRIC SYSTEM



## Chapter 1

# The Human Electric System

*When Magellan's expedition first landed at Tierra del Fuego, the Fuegians, who for centuries had been isolated with their canoe culture, were unable to see the ships anchored in the bay. The big ships were so far beyond their experience that, despite their bulk, the horizon continued unbroken. The ships were invisible. This was learned on later expeditions to the area when the Fuegians described how, according to one account, the shaman had first brought to the villagers' attention that the strangers had arrived in something which although preposterous beyond belief, could actually be seen if one looked carefully. We ask how they could not see the ships...they were so obvious, so real...yet others would ask us how we cannot see things just as obvious.*

—John Mattingly  
*The Cancer Cure That Worked,  
Fifty Years of Suppression*

**T**HE HUMAN ELECTRIC SYSTEM is a vast network of circuits that runs through and around the body. Every element, every organ, every system in the human body has its electric circuits. Every molecule, every cell, every aspect of the body has its circuits. And every level of being (physical, emotional, mental and soul) has its own electric circuits. The most extensive and complex system in the human body is its electric system. If we could stretch an average adult's electric system out in a straight line, it would be about forty-seven miles long.

There are a relatively few mainstream physicians who are willing to admit even to the possibility of an electric system in the human body. They say things such as, “Maybe... we think... sort of, I think... yeah, well... We’ll get data on that and get back to you later.” But there is a growing body of researchers who are actually doing serious study into the human electric system and one such person has done a considerable amount of research. His name is Björn E. W. Nordenström, M.D.

I’ve been talking about Dr. Nordenström since the late 1980s. At the time, he was the head of the Diagnostic Radiology Department at Karolinska Institute in Stockholm, Sweden. The Karolinska Institute is recognized worldwide as one of the premier forward-thinking hospitals for treatment and innovative research. When I hear the name “Karolinska” in a news report, I pay attention. I can’t remember how I found out about his research but when I connected Dr. Nordenström’s work to my own Essence research, I knew the two of us were on the same track: we were going after the same body of information but in two completely different ways.

One of the things that caught my attention about this man were his credentials. Dr. John Austin, a radiologist at Columbia Presbyterian Medical Center and the editor of Dr. Nordenström’s groundbreaking book, *Biologically Closed Electric Circuits (BCEC)*, stated in a 1985 interview that Björn Nordenström’s credentials “were not just impeccable but extraordinary.” For me, they were breathtaking. In the 1950s he developed several notable breakthroughs in diagnostic radiology, including fine needle biopsy and balloon catheterization. Even with his stellar reputation, these ideas were initially met with significant amounts of opposition by his peers. But today they are routinely used throughout the world. In the 1960s he became Chief of Diagnostic Radiology at Karolinska Institute. His colleagues said he was brilliant, a genius. When he published his book, *BCEC*, they added “But maybe a little odd.” He was a member of the Nobel Prize Assembly in Medicine and Physics from 1967 through 1986, and served as President of the Assembly in 1985. He also authored or co-authored more than 150 publications in radiology, electrobiology and pharmacology. And he was awarded the International Scientific and Technological Cooperation Award by the People’s Republic of China because of his work in their country on tumor regression.

During the 1950s, he noticed streaks, spikes and coronas in X-ray images of lung tumors. In 1965, he began his investigation into these X-ray anomalies. He came to the conclusion that the streaks, spikes and coronas were the result of water movement, movement of ions and restructuring of certain tissues due to the influence of various electrical and electrochemical phenomena.

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Nordenström realized that the human body contains electric circuits and that current travels through vessels and tissues as if they were electrical cables. This electric current in the human body travels through blood vessels, through the walls of the capillaries both into and out of surrounding tissues.

His research led him to propose a closed loop, circulatory, self-regulating model for healing that was much more detailed and complete than conventional wound healing models. In other words, he described a circulatory system where continuous energy circulation and circulating electrical currents support healing, metabolism, growth, regulation, immune response, etc.

Using his biologically closed electric circuit (BCEC) theory, Dr. Nordenström then developed electrochemical therapy (EChT), a technique for the treatment of cancer and other tumors. EChT assists the body's normal BCEC electrochemical healing processes by complementing and assisting the naturally occurring internal electric fields and currents that support the process of healing. (This is where you might wish to think back to that first sentence in the introduction: "The Perelandra Essences are . . . taken to balance, stabilize and repair the body's electric system and its circuits during times of illness, injury and stress.")

Using his EChT technique Dr. Nordenström inserted one platinum needle electrode inside a cancerous tumor and another platinum needle electrode outside the tumor. It was a minimally invasive procedure, and the patient was fully conscious throughout with only local anesthesia. He would then slowly build up the voltage mechanically and increase the electrical charge between the two needles. He found that by doing this he could reconnect and temporarily enhance the electric circuits that had been damaged by the tumor. This electrical reconnection caused the tumor to dramatically reduce in size or disappear altogether. At Karolinska he first tested his theory with a group of twenty cancer patients who had been diagnosed as incurable after all other available treatments had failed. From this group he had a 46 percent response with his EChT technique: that is, a significant reduction in tumor size or complete disappearance for up to three to five years. Don't forget, this group had already been diagnosed as incurable after all other options were exhausted. He repeated his EChT technique with more groups with equal, if not better, results.

In 1983 he published his book, *Biologically Closed Electric Circuits*. And this is when the medical community started going a bit nuts. Never mind his stellar reputation. Never mind his many years of meticulously recorded research and proven innovative developments. Never mind his astounding success rate with his "incurable" patients.

\* I purchased my copy of *BCEC* back in the late 1980s for a whopping \$125. Used copies are now for sale on Amazon.com for a staggering \$527 to \$799. I've recently discovered his book is now available to read online, or to purchase via print-on-demand at Google books.

Also, there are interviews with Dr. Nordenström available on YouTube.

Björn E. W. Nordenström, M.D. committed a cardinal sin in the eyes of the medical community. What was that terrible sin, you ask? Instead of publishing his ideas on biologically closed electric circuits in a five- to ten-page article that could be published in a recognized scientific journal and then reviewed by his peers, he published a 357-page book. Are you trying to figure out where the “sin” is in this? Well, the medical community is used to reading short articles. This is what they are comfortable with. They would not read a 357-page book. There were too many pages.\*

In his concluding remarks in *BCEC*, Dr. Nordenström wrote:

The author has attempted several times to prepare the information of this book as a series of separate articles. These attempts have, to a large extent, been discouraging. One reason is that working nowadays across established specialities is extremely difficult, not to say dangerous. Each section is in itself probably of limited interest. Only when the different pieces of information are put together do the contours of an important biologic mechanism become evident.

... It is the hope of the author that the material presented will encourage scientists of different specialities to continue this work. The various aspects of BCEC systems will require interdisciplinary cooperation if improved and truly deep understanding of its manifold possibilities is to be attained.

The editor of Dr. Nordenström's book, Dr. John Austin, stated in an interview that he agreed with Dr. Nordenström's unusual decision to publish a book rather than short articles saying that Nordenström's theory was “too big for a paper.”

Shortly after the book was published, Dr. Morton Glickman, a radiologist at the Yale New Haven Hospital, was asked to write a scientific review of *BCEC*. It took him one year to complete the review. In a 1985 television interview Dr. Glickman said, “I really looked for holes because it was so off the wall. I couldn't find any holes. By the end of the book, I was persuaded. I started out skeptical like everyone else does, but it was just very careful, very thorough, complete and immanently persuasive.”

In an interview, Dr. Nordenström was asked how he thought history might judge his work. He said, “The knowledge about this [BCEC] will come. You cannot stop it because it's right. But it's revolutionary because it has so many implications and, therefore, many people in a very reasonable way are reluctant.”

This soft-spoken, modest, brilliant man died on December 31, 2006.

His research and work have continued. In 1993 the International Association for Biologically Closed Electric Circuits in Medicine and Biology (IABC) was officially formed by Dr. Nordenström who served as its first president. According to the Association's website, the membership consists of medical doctors, biologists, biophysicists, engineers, educators and business professionals. IABC members are involved in the development of electrotherapeutic, thermotherapeutic and magneto-therapeutic techniques, in combination with conventional therapies, for the treatment of a wide variety of health problems, including cancer, diseases of the visual system, connective tissue disease and neurological disorders. Approximately 300 members are actively engaged in related research and clinical studies in a wide variety of locations, including Australia, Brazil, China, Cuba, Denmark, Germany, Great Britain, Greece, Hungary, Indonesia, Japan, Korea, Sweden and the U.S.

Enter stage left: The Perelandra Essences.



P.S. IN THE PERELANDRA DVD, *The Human Electric System and the Perelandra Essences*, I spoke about Dr. Nordenström's research. What I said and the details that I presented back then were based on the early information I could find about his work. You will find some of the details that I've included in this book different from those in the DVD. For example, in the DVD I say that he had a 70 percent response with the first group of patients. In this book I write that he had a 46 percent response. In the DVD I say that the first group comprised breast cancer patients. In this book I point out that the first group had lung cancer. Another early group had "incurable" breast cancer. When I gave the workshop that is recorded on DVD, I presented the best "facts" I could find back then. It's now many years later and we have the advantage of time, Google and YouTube. What a difference time and technology make. The details as presented in this book are current. Although some of the Nordenström "facts" I presented in the workshop are not completely accurate, the intent and context in which they were used are still valid.



## Chapter 2

# The Road Map to Illness and Why the Perelandra Essences Are So Effective

**L**IKE HEALING LIKE. This is one of the most important principles in healing. It's actually a universal natural law called the "Horizontal Healing Principle." And it boils down to those three words: like healing like. For the most efficient, most effective, most complete and thorough healing, we need to respond to a health problem with the tools, techniques and "medicines" that comprise the elements that are horizontally compatible with (similar to) the makeup and characteristics of the problem.

The Horizontal Healing Principle is reflected fully in the Perelandra Essences: electrical patterns balancing, stabilizing and repairing the body's electric system and its circuits.

The Perelandra Essences are water-based solutions holding electrical patterns derived from the different kingdoms and elements of nature. Each electrical Essence pattern balances, stabilizes and repairs the body's electric circuits in two ways: (1) They address weakened or damaged circuits in targeted areas of the body that have been hit by illness or injury, and (2) they also provide the needed balancing for specific mechanical functions and properties that are contained in and are part of biological electric circuits no matter where the circuits are located in the body. In this case the condition of a circuit and its ability to function are the primary focus for the Essence pattern and not the specific circuits that are directly causing injury or illness due to circuit damage. An example to clarify: In #1, the focus would be similar to a heart that has been damaged by illness or disease. In #2, I'm talking about a damaged

artery that needs to be repaired for optimum function of the circulation, whatever the condition of the heart. In this case, we have a mechanical malfunction.

And why, you ask, do we need to focus so much attention on the body's electric system? Surely something this massive and complex ought to be able to take care of itself? Well, we focus on our electric system because it is the key to healing. *The underlying foundation for the body's healing process is its electric system. The healing process is activated and driven by the electric system.* If circuits are damaged, the healing-process foundation weakens and the process itself is compromised and weakened. If damaged circuits are repaired, the healing-process foundation strengthens and the body's healing process becomes fully functional. I don't just mean healing little things like sore muscles or the common cold when I refer to injury or illness. I mean healing the full range of conditions we categorize as injury, from minor to critical. And I mean the full range of conditions we categorize as illness, from sniffles to chronic and life threatening. It's *everything*. No matter what health problem we might experience, it includes electric circuits in need of repair and balancing. We cannot experience an illness or injury without also experiencing corresponding problems in the electric circuits connected with that illness or injury. The *underlying cause* of a health issue can be found in the body's electric system. In short, every health issue we experience includes an underlying electric-circuit problem.

It helps to picture the relationship between the body's electric system and a specific health issue as a straight line:

THE BODY'S ELECTRIC SYSTEM

ILLNESS: FLU AND ITS SYMPTOMS



At one end of the line you see the body's electric system. At the other end we have the illness. In this case it's seasonal flu with all its annoying symptoms. When we think about illness, we make the mistake of focusing on the wrong end of the line—that is, the illness end. After all, it's the exhaustion, headache, coughing, stuffy nose, chills, fever and nausea that catch our attention and make this end of the line easy to notice. But the illness and all of its symptoms are the *end manifestation* of a problem that began with our electric circuits. When flu viruses enter the body, the very first thing that responds to this intrusion is our electric system. Everything we experience, everything that impacts our body internally and externally, positively or negatively, is detected, identified and processed by our electric system *first*. The body reacts and adjusts according to how our electric system sorts and processes the intrusion. It is

our electric system that determines and drives all our body's responses as well as its healing process.

When flu viruses overwhelm the electric system causing damage to circuits, or if circuits are already damaged or weakened, the electric system cannot set up the needed immune system response. Electric circuits function properly when they are closed and balanced. Once circuits are damaged we are dealing with "wild wiring"\* that weakens and interferes with the function of the electric system and its immune response throughout those areas of the body that are normally supported by the now-damaged circuits. The body receives "faulty" information and a weakened, unbalanced immune response takes place in all the body's cells and systems that have been affected by the viruses. What we end up with are viruses that now have the upper hand and have fully seated in the body in a major bout of seasonal flu with a large assortment of uncomfortable symptoms. The body is now tasked with the job of repairing the damaged circuits and initiating the appropriate healing process for moving the flu viruses out of the body. *The electric system must balance, stabilize and repair first before the immune response can be initiated and properly set up.* Now we are lying in bed suffering the indignities of seasonal flu while our body focuses its attention and efforts on repairing its electric system so that the necessary immune response and healing process can commence.

If the flu viruses do not overwhelm or damage our circuits, then the electric system remains strong and the body can correctly set up the appropriate response. The body is able to either incorporate, process or eliminate the virus, depending on what is appropriate in light of the type of virus and scope of intrusion and in light of what is needed to maintain the body's overall balance. The ability to incorporate, process and eliminate is a critical part of the body's immune response and healing process, and is activated and supported by a balanced electrical foundation. In the case of our flu example, with a balanced and strong electrical foundation we can experience a mild, short-lived bout of seasonal flu accompanied by a couple of equally mild symptoms. Or sometimes the electric system and body can function together so efficiently that we experience no symptoms at all, and after a good night's sleep we feel fine.

Like healing like. Electrical Essence patterns balancing, stabilizing and repairing electric circuits. When we apply the Perelandra Essences to a health problem, we work with that horizontal line differently. Instead of addressing the symptoms, we address the electric system and its damaged circuits. If left unattended, we force

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\* **WILD WIRING:** Electric currents can surge, arc, fire erratically and weaken.

the electric system to balance, stabilize and repair itself. And this can be time and energy consuming.

Now, to be honest, the body and its electric system are designed to self-repair. It would make no sense to think that something this extensive and this important to the balance and function of a human being would have no mechanism built in for self-repair. After all, the partnership between the body and its electric system are constantly functioning, 24/7. The electric system isn't just identifying, sorting and processing "stuff" that negatively impacts our body. It is registering every minute element that comes in contact with our body on all its levels, in any way, and from any direction. That includes the things that make us smile and feel good as well as the things that annoy us or make us sick.

Under normal conditions the body and its electric system work in a smooth, seamless partnership. But in today's world we are being "pounded" in unprecedented ways. Life's increasingly fast and stressful pace; the increasing amount of information pouring into us due to new technology; the rapid deterioration of our land, water and air; the compromised quality of our food supply . . . all of these things adversely affect our electric system, making its ability to maintain strength and balance more difficult. Sometimes the system can repair quickly on its own and, when a health issue pops up, we hardly experience any symptoms. And there are times when we will not notice a problem at all. In these cases our electric system and our body are functioning together well and are doing the job the two were designed to do. An intrusion can be immediately eliminated. But if we are sitting there feeling sick, that's an indication that the electric system's self-repair is going to take some time and could use some help.

Unlike illness where the problem has often been initiated by pathogens entering the body, an injury is a damaging event that occurs *to* the body, such as a cut, a hit, a fall or a car accident. An injury is not a pathogen that the body's immune system can battle. It is literally body damage. Consequently it includes corresponding damage to the electric system. As with illness, an injury will not begin to heal until the electric system is first repaired. In short, the body and its electric system respond to illness and injury in the same ways. For both situations, the electric system must be balanced and fully functioning in order for the healing process to be activated and the body to recover efficiently and well.

Whether for illness or injury, the electrical patterns from the correct Perelandra Essences, when administered orally, immediately shift to the electric system and are

drawn to and fuse with the damaged circuits, thus providing the balancing elements needed for their repair. (Like healing like.) Now you have a strong electrical foundation again and the body's healing process is no longer compromised. That allows the electric system and the body to focus directly on the illness or injury and to set up the appropriate immune system and healing responses. At the illness/injury end of the horizontal line (p.12), you have symptoms or injuries that are being fully addressed and processed. In short, you have a fully functioning healing process going on, and you will experience a quick recovery that defies all expectation. We tend to grossly underestimate how powerful our body's natural healing process is. Mostly this is because we have no need to pay attention to it until we get in trouble and we're hurting or not feeling well. When uncompromised and fully functioning, it is remarkably powerful and efficient.

It's surprising how quickly the electric system can repair and the body can recover when we use the Essences to repair damaged circuits. Over the past thirty years I've come down with full-blown seasonal flu about three times. By testing\* myself for Essences every two to three hours, I was able to move through the flu and eliminate all the symptoms in twenty-four to forty-eight hours. By testing every two to three hours, I made sure my circuits maintained balance during the healing process and remained fully operational. At other times, I was able to pick up the first signs of flu or some other bug coming on and use the Essences to shore up my electric system so that my body could properly identify, sort and eliminate the problem right away and I, in turn, could avoid getting sick.

What is that first sign of trouble that I notice? When circuits are damaged, it isn't just one small area of the body that is affected. The entire electric system suddenly weakens a bit. After all, this is a massive, interconnected collection of biologically closed electric circuits that now have been damaged in one or more areas, causing "wild wiring." When that occurs, the body has a sudden drop in its electrical support and you suddenly feel exhausted. I'm not talking about feeling mildly tired because you didn't get enough sleep the night before. I'm talking about a different feeling of exhaustion. You're going along with your day just fine and then suddenly you feel the rug pulled out from under you. You were fine five minutes ago, and now you can barely hold up your head or speak a coherent sentence. Normally we stoically force ourselves to ignore that exhaustion, pump in something with a high sugar or caffeine content for some fast fake energy and just push on. I've discovered that if I don't ignore the exhaustion and test myself for Essences right away, I can repair the circuits, restore my energy level, and prevent myself from getting sick. It's

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\* More on testing and determining the correct Essences in chapter 4.

an effective form of early detection and my electric system and body can get on with addressing the problem and doing the job they were designed to do.

I've been talking a lot about flu viruses. But what other kinds of health issues can the Perelandra Essences address? Here's a short list just to get you thinking:

If you get a cold or the flu, test for Essences.

If you have an earache or eye strain, test for Essences.

If you get a burn or cut, test for Essences.

If you have sore muscles or a sprained muscle, test for Essences.

If you get sunburned, test for Essences.

If you have a headache or migraine, test for Essences.

If you have muscular dystrophy or multiple sclerosis, cystic fibrosis, or some other chronic illness, test for Essences.

If you have a different neurological disorder, test for Essences.

If you are depressed, test for Essences.

If you feel detached from life, test for Essences.

If you notice you can't formulate a clear thought or sentence, test for Essences.

If you are unusually confused or panicked, test for Essences.

If you have a broken bone, *go to the hospital and get the bone set*. Then test for Essences.

If you are constipated, test for Essences.

If you have diarrhea, test for Essences. . . .

Those last two, constipation and diarrhea, may seem like they are two opposing situations and, quite frankly, they are. However, they are each caused by some electric circuits being in need of repair. But the circuits that are the underlying cause of the constipation are different from the circuits that are the underlying cause of the diarrhea.

What the Perelandra Essences won't do:

They will not set broken bones, but they will greatly speed up the recovery process once the bones are set.

They will not provide needed surgery, but they will greatly speed up the recovery process once we get out of surgery.

They do not take the place of stitches, but they will greatly speed up the recovery process once we get the stitches.

*The Road Map to  
Illness and Why the  
Perelandra Essences  
Are So Effective*

In short, doctors and hospitals still have a place in the health regimen that includes the Perelandra Essences. We just need them a lot less often. But when we do need conventional medicine, we don't stop using the Essences. Instead, we combine them. By monitoring our electric system and providing the repair it needs throughout the healing process, we greatly enhance the effectiveness of conventional treatment and medication, and shorten the time we need to use them.

Years ago I received a letter from a woman who had talked to me during one of our early open houses. She wrote:

*I came to Perelandra to see your beautiful gardens and speak to you about my four-year-old daughter Jessica. Jessica had broken both her fibula and tibia only two days before. I spoke with you and you prompted me to buy the Essences. You said when you break both bones, you break the electric system in the body and that the Essences would repair the electric system and that the leg would heal twice as fast. Well, I followed your sound advice. And the doctors ended up looking at me strangely and saying, "What have you done to this leg?" Instead of healing in the ten to twelve weeks they had predicted, Jessica was in a walking cast in just five days and the doctors removed the cast altogether after four weeks.*

Jessica was able to move so quickly through the healing process because her body didn't have to take the time or provide the additional energy it takes to repair her electric system once she was given the Essences. Little to no repair is going to happen in the body until the electric system is first repaired. Once we take the responsibility for repairing that system, the body can then get on with the business of healing.

At this point, it may seem like what I'm describing is impossible to imagine or "too far out there." Or just too good to be true. You even might be experiencing one of those Fuegan moments! But I stated in chapter 1 that not long after first reading about Björn Nordenström's work with biologically closed electric circuits I realized that he and I were going after the same body of information, but in two completely different ways and from two different directions. Using his electrochemical therapy (EChT), he was able to achieve successful results in patients with "incurable" cancer by using two electrodes to stabilize and close the circuits around tumors. Using the

correct electrical Essence pattern, we are able to achieve successful results for our many health issues by repairing, stabilizing and closing the damaged circuits. One result is achieved by inserting two electrodes in and around a tumor and mechanically closing an electric current. The other result is achieved by administering pattern-infused Essences orally to repair, balance and stabilize the damaged circuits, thus closing the circuits.

