



PERELANDRA MBP MICROBIAL BALANCING SOLUTIONS

Machaelle Wright

The Perelandra MBP Balancing Solutions give back to the body what the planetary environment can no longer supply. They couldn't be easier to use. All you need to know is how to count from one to ten. They are oral solutions that are taken once or twice a day, depending on what you need. Each Solution has a specific number of drops printed prominently on the bottle label telling you how many drops to take for each dose. They may be taken by adults—young and old, healthy and ill or injured—pregnant women, children and infants. They may also be administered to animals using the same dosage as for adult humans. They are easy to take, they are safe and they are natural.

What the MBP Balancing Solutions Do

Each MBP Balancing Solution balances, builds and strengthens its respective system. (For example, the Respiratory System Balancing Solution balances, builds and strengthens a person's respiratory system.) This enables the system itself to function properly and address any illness, condition or disease related to that system. The Solutions give the body the ability to repair and protect itself. In other words, the Perelandra MBP Balancing Solutions enable the body to do the job it was designed to do—protect, prevent, heal and restore. No one and nothing does that better.

What the MBP Balancing Solutions Don't Do

The MBP Balancing Solutions do not specifically address or heal any illnesses, diseases or conditions we might be experiencing. For example, they are not medicines designed to treat cancer, infectious diseases, muscular dystrophy or tuberculosis.

The ideas, procedures and suggestions contained in this brochure are not intended as a substitute for consulting with your physician. All matters regarding your health require medical attention.

It's really important when making personal health decisions that you know our products have not been evaluated or approved by the FDA.

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How the MBP Balancing Solutions are Made

The MBP Balancing Solutions have been created by nature from a combination of electrical patterns from different plants, minerals, natural gases and elements found in the sea, atmosphere and on land. During the production process, Machaelle works with nature to combine the thirty to forty patterns needed for each Solution. In the first phase of the process, nature restores each pattern back to its original state of balance, thus eliminating any damage that has been caused by environmental breakdown and human interference. This allows the Solutions to be made with balanced and “clean” electrical patterns. In the next phase of the production process, the balanced electrical patterns are combined. The somewhat explosive result is a completely new, complex, cohesive electrical pattern.

The MBP Balancing Solution patterns are then released to and stabilized in water. The bottled Solutions are preserved in brandy or distilled white vinegar. All MBP Balancing Solutions are natural, and by using only electrical patterns rather than the physical elements from the thirty to forty different “ingredients,” no allergic reactions or side effects are triggered—unless you are allergic to water, vinegar or brandy. In short, the Perelandra MBP Balancing Solutions provide us with a quick, safe and simple way to ensure that our body’s systems receive the natural support and strength needed for proper and full function in today’s world.

The following is a list of the Perelandra MBP Balancing Solutions:

- Cardiovascular System
 - Digestive System
 - Endocrine System
 - Immune System
 - Integumentary System (skin)
 - Lymphatic System
 - Muscular System
 - Nervous System
 - Reproductive System: Female
 - Reproductive System: Male
 - Respiratory System
 - Skeletal System
 - Urinary System
 - Cell
-
- *Flu Season Balancing Solution*
 - *FSBS+*



About the Annual Flu Season Balancing Solution

Each September, Perelandra puts out a new, special MBP Balancing Solution called the Flu Season Balancing Solution. This Solution strengthens the body so that it can avoid infection from the coming season's flu viruses no matter where you live. Because the flu viruses we face each year change, the Seasonal Flu Solution must also change annually to meet the new flu virus challenges. It is a safe alternative to receiving a flu shot.

The Flu Season Balancing Solution is to be taken daily (at bedtime) beginning in September and throughout the entire flu season in your area. Once the flu season begins to take off and intensify, or the flu virus hits your area, or people around you are coming down with the flu, begin taking this Solution twice daily (in the morning before breakfast and at bedtime). Flu seasons can last a lot longer than we think—six to eight months. To make sure you remain strong, Machaelle recommends that you take the Seasonal Flu Solution from September through July. (If you live in the Southern Hemisphere, plan to start taking the new Solution in September and continue taking it throughout the entire year.) Then begin taking the new season's Solution the next September. The key to using the Seasonal Flu Solution successfully is taking it daily and then switching to taking it twice a day as soon as you hear that the flu is intensifying or has hit your area or state.



About FSBS+

FSBS+ (pronounced fizz-bizz plus) is an oral solution preserved in brandy or vinegar, similar to our Flu Season Balancing Solution. But instead of addressing your body's balance for seasonal flu viruses, it specifically addresses the body's balance in light of new pandemic flu viruses.

FSBS+ prepares the body for exposure to new pandemic flu viruses. Among other things, it modifies the landscape of your body's microbial population in order to set up natural defenses. For some people, this could include a minor flare-up of an old microbial issue (such as athlete's foot, etc.). This is FSBS+ adjusting that situation and causing the remnants of the old microbial problem to release from the body. For mild flare-ups, continue taking FSBS+ twice daily and let the body naturally complete the cycle of moving through the problem and striking a new microbial balance in your body. For stronger reactions, treat the situation as you would normally—and continue taking FSBS+ twice daily.

Which Solutions to Take

We recommend you start with the Immune System Balancing Solution (ISBS) and Lymphatic System Balancing Solution (LSBS). Then build from there according to your health needs and/or family history. If familiar with kinesiology testing, you can test the list of MBP Balancing Solutions. But no matter what, always include Immune and Lymphatic. These two body systems create the foundation for all other system balancing.

If you are healthy and have no health concerns, consider taking the Immune System Balancing Solution and Lymphatic System Balancing Solution once daily. By taking these two Solutions daily, you give your immune system an extra boost so that it can continue to do the job that you need and want no matter what gets thrown at it.

MBP Balancing Solutions and Perelandra Essences: Differences

The Perelandra Essences balance, stabilize and repair a person's electrical system. The MBP Balancing Solutions function as a comprehensive “tonic” for a particular body system and the microbes connected with that system. By using the Essences, you can address a health issue as it is uniquely manifesting in you. They are tools that provide individualized treatment and they allow you to address a problem with precision and in detail. The MBP Balancing Solutions have a more generalized, overall effect. They are like taking a daily “vitamin” for each system. When taking the Solutions daily, the need for testing essences is reduced because your overall health is stronger and more stable. However, should you become ill or injured, you can then test the Perelandra Essences to balance, stabilize and repair the specific electrical circuits involved with that illness or injury. Your daily regimen will then include your needed essence dosage along with your daily Solutions dosages. The Essences alone can move you out of an illness or injury rapidly. The Essences combined with the Perelandra MBP Balancing Solutions move you through illness or injury even more rapidly.

Combining with Other Health Treatments

You may combine the Perelandra MBP Balancing Solutions with other health treatments—conventional or alternative. The Solutions are not a replacement for sound medical treatments, but rather function as a support and assist you as you move through other treatments. They are safe and will be compatible.



DOSAGES

The MBP Balancing Solutions must be taken daily. They are designed to give your body's systems what they need daily and do not provide their needs beyond a day.



Adults and Children Over 12 Years

Take the correct number of drops listed on the bottle or on the dosage chart (from dropper to tongue) every evening at bedtime. Be careful not to let the dropper come into contact with the mouth. Should the dropper become contaminated, wash it off before sticking it back in the bottle.

When taking more than one Solution at bedtime, the order in which you take them doesn't matter. They only need to be taken after you have finished eating and drinking for the day, and the number of drops taken for each Solution must be accurate. Take each Solution directly from the bottle dropper (i.e., don't mix the different Solutions in a spoon, cup or brandy snifter) and wait about five seconds between Solutions. Remember: for best results, *don't mix Solutions into one "super cocktail."*

Diluting the Solutions for adults is not recommended. However, if you need to soften the vinegar or brandy preservative taste, dilute the correct number of drops in one teaspoon of water. Consult the chart for the correct number of drops to use when diluting. It's not the same as the number of drops given straight from the dropper. Remember: for best results, *do not mix the diluted Solutions into one "super cocktail."*



Children Under 12 Years

Administer the correct number of drops listed in the dosage chart (from dropper to tongue) to the child daily at bedtime. If the child's mouth, tongue or other body part touches the dropper, wash the dropper off before putting it back in the bottle.

For small children, you may dilute drops of the Solution in up to two ounces of cold or tepid water (not juice, milk, formula or hot water) to "soften" the taste of the brandy or vinegar preservative used in the Solution. *Do not mix these diluted Solutions together into one "super cocktail."* If your child is taking three Solutions in the diluted form, you will need to dilute each Solution in a separate cup. The child will need to drink each diluted Solution entirely, one Solution at a time, in order to receive a full dosage. Therefore, when diluting, use as little water as is needed for the child to take the dosage.

See the dosage chart (p. 6) for the number of drops to use when diluting for children. It's not the same as the number of drops that would be given straight from the dropper.



Infants Under Nine Months of Age

The Solutions may be administered by putting the correct number of drops on the child's forehead and gently massaging this dosage into the skin. (See the dosage chart on page 6 for the correct number of drops to use.) If administering more than one MBP Balancing Solution, apply and massage in each Solution separately. Wait about five seconds between each application. Once the child is nine months or older, he or she will need to take the Solution orally.

As with adults, using both the ISBS and LSBS provides greater support during crucial times when the child's systems are being stressed or compromised, or for chronic conditions.



Animals

Dosage is the same for all animals, *regardless of size or species*, or whether furred, feathered or scaled. Administer the correct number of drops of undiluted Solution (from dropper to tongue) to the animal daily at "bedtime."

If the animal touches the dropper, be sure to wash the dropper off before putting it back into the bottle. You may put the correct number of drops of a Solution in your clean hand and let the animal lick your hand. Or you can let them lick the correct number of drops of a Solution from a plate. If bribery is needed, add the correct number drops of each needed Solution to a small amount of food or broth (1 tablespoon) and give to the animal at "bedtime." For these methods and any other you come up with, and for best results, *do not mix the Solutions together into a "super cocktail."*



Illness, Injuries, Surgery, Hospital Stays/Visits

Take the ISBS, LSBS plus the Solutions for the body systems involved with the problem twice daily (in the morning before breakfast and again at bedtime) for the length of time recommended below.

Simple illnesses (colds, etc.) and small injuries (minor sprains, cuts, burns, etc.):

Twice daily throughout the period of recovery and recuperation. Continue this dosage for two weeks after the recuperation and recovery period to make sure your body has what it needs to complete the healing process.

Serious illness and injury: Twice daily throughout the period of recovery and recuperation and for one year after to make sure your body has what it needs for complete recovery and recuperation. After that year, you may take these Solutions just one time daily at bedtime to maintain a high level of balance.

At the hospital: If you know ahead of time that you'll be staying in the hospital, prepare your body by taking the ISBS and the LSBS plus the Solutions for the body systems that are involved with the problem twice daily for two weeks prior to your scheduled stay. *(continued on p. 7)*

MBP Balancing Solutions Dosage Chart

MBP Balancing Solution	Adults and Children Over 12 Years		Children Under 12 Years		Infants (under 9 mos.)	Animals
	Regular Dosage	Diluted Dosage*	Regular Dosage	Diluted Dosage*	Topical Dosage	Regular Dosage
Cardiovascular	5 drops	9 drops	3 drops	4 drops	4 drops	5 drops
Cell	7	11	5	6	5	7
Digestive	7	11	5	6	6	7
Endocrine	6	10	4	5	4	6
Flu Season**	12	19	12	19	12	n/a
FSBS+	10	n/a	10	n/a	10	10
Immune	6	10	5	7	5	6
Integumentary	8	12	6	6	5	8
Lymphatic	5	9	4	5	4	5
Muscular	4	8	3	4	3	4
Nervous	7	11	5	6	5	7
Reproductive: Female	5	9	4	5	4	5
Reproductive: Male	5	9	4	5	4	5
Respiratory	7	11	5	6	5	7
Skeletal	7	11	5	6	5	7
Urinary	8	12	5	6	5	8

* Diluting the Solutions for adults is not recommended. However, if you must, you may dilute the Solutions in less than two tablespoons of cool or tepid water. For children, you may dilute the Solutions in no more than two ounces of water. (See page 4.)

** Dosage for the Seasonal Flu Solution is subject to change each year. See bottle label or our web site (www.perelandra-ltd.com) for current dosage.

After the hospital stay, whether for an emergency, surgery or scheduled tests, take these Solutions twice daily for two weeks after you return home.

Surgery: Twice daily for two weeks prior to the surgery and throughout your full recovery and recuperation period. Then take those MBP Balancing Solutions once a day at bedtime for an additional month.

If you are visiting someone in the hospital: Consider that you are likely to be exposed to some pretty interesting and, perhaps, undesirable microbes. To better prepare yourself for these visits, take ISBS and LSBS twice daily throughout the entire time they are in the hospital plus one week after the person comes home from the hospital. Don't just take these two Solutions on the days that you visit. For example, if they are in the hospital for two weeks, take these Solutions twice daily for a total of three weeks (the two hospital weeks plus the one post-hospital week).

If you know ahead of time, you can better prepare for exposing yourself to the hospital environment by starting the twice-a-day dosages of ISBS and LSBS one week prior to the expected hospital stay.



Frequently Asked Questions

What do I take for (specific issue)?

Start with the ISBS and LSBS. Then add the Solutions needed for any systems involved in a particular health issue.

Can I start taking all of the Solutions at once?

Yes. However, Machaelle recommends you begin with the ISBS and LSBS, then add two to three new Solutions every two weeks.

Can I brush my teeth afterward? Drink water? Eat?

The Solutions should be taken last—after eating, drinking, brushing your teeth, taking essences, taking medications, etc. Wait 15 minutes, then take the Solutions. If you wake up in the middle of the night, it's okay to eat or drink.

What happens if I miss a day?

The Solutions are to be taken daily, and you need to be consistent to build the strength and balance of each system. If you miss a dose, you'll notice a lack of support the next day. Be sure to remember to take them that night.

Can I combine the Solutions I'm taking into one glass?

No. Take them separately.

How long will one bottle last one person?

There are about 1,200 drops in a 2 oz. bottle. Depending on the dosage and whether you're taking the Solution once or twice daily, a 2 oz. bottle will last about 3 to 6 months.

Do the Solutions go bad? Do they lose their effectiveness as they get older?

The Solutions have an indefinite shelf life. Sometimes the Solution will absorb the rubber dropper flavor. The Solution is still fully potent, even if it tastes a bit odd.

Do I test the number of drops needed?

No. Absolutely not. Never. Take the number of drops listed on the label.

Can I use the Solutions topically?

To benefit, you must take them orally.

How do I tell if they're "working"?

Some people will experience immediate improvements in health once they begin taking the Solutions. Most people (with or without a serious condition) tell us that they can see and feel differences in their health within two to three months. However, others say they experience no changes within those first few months. Their systems are most likely going through a building and strengthening process that isn't immediately discernable. But if they continue to let the systems go through that process, they will eventually notice changes.

What is the difference between the MBP Balancing Solutions and the Microbial Balancing Program?

The Solutions provide an overall tonic or "daily vitamin" effect for your systems while the Microbial Balancing Program works with pinpoint accuracy on specific health issues within any body system. Also, the Solutions have a gradual, building effect on the body that is the result of taking them daily. The Program, because of the precision of its focus, can have an immediate effect.

Do the MBP Solutions replace the balancers (or essences) used in the Microbial Balancing Program?

No. But strengthening your body with the MBP Balancing Solutions will simplify the testing needed when using the Program.

Do the Solutions replace using essences?

No. The Perelandra Essences balance, stabilize and repair a person's electrical system. The MBP Balancing Solutions function as a comprehensive "tonic" for a particular body system and the microbes connected with that system. By using the essences, you can address a health issue as it is uniquely manifesting in you. And by taking the Solutions, you'll find you test for fewer essences.

Do I ever stop taking the Solutions?

Yes and no. It depends. Solutions that are needed for a specific problem can be discontinued once you are completely out of the problem. However, if the problem tends to recur, that's an indication to you that the systems related to the problem need regular assistance and that you should continue these Solutions.

Those systems that you already know are compromised (for example, you have been diagnosed with a digestive problem) would benefit from long-term daily dosages of that system's Solution. If there is a family history of illness (for example, heart problems tend to run in your family), then this is an indication that there's a weakness that runs in the family that might be affecting your body. Taking the Solution that strengthens (throughout your lifetime) the system involved would be a good idea.

The MBP Balancing Solutions are constantly supplying and replenishing the body systems each day with what is needed for optimal function. As with taking a daily vitamin, at what point is that supplement or these Solutions no longer needed or useful? In short, you'll probably want to take some of the Solutions throughout your life.

What if I stop taking the Solutions?

Simple. Then you're no longer receiving the support that the Solutions offer.

There's no way I'll get my cat to take these!

Yes, you will. Have faith. If bribery is needed, add the correct number of drops of a Solution to a small amount of food or broth (1 Tablespoon) and give to the animal at "bedtime." Remember, you must not mix the Solutions when you are administering more than one. See our web site for more suggestions.

Can I take my MBP Balancing Solutions through the airport x-ray?

Yes. The MBP Balancing Solutions were created to withstand the effects of x-ray.



If I take all MBP Solutions, FSBS+ and the Seasonal Flu Solution, what is the correct order and wait time to take them?

In the evenings, you take Flu and FSBS+ first, then the MBP Solutions.

In the morning, you take the MBPs first and then Flu and FSBS+.

Wait 5 seconds between taking each.

Can I dilute FSBS+?

No.

What's the Difference Between MBP Balancing Solutions and Other Perelandra Products in a Bottle?



Perelandra MBP Balancing Solutions:*

A daily “tonic” that adds balance and strength to your specific body systems—cardiovascular system, immune system, digestive system, endocrine system, etc.



Perelandra Essences:*

Oral solutions that balance, stabilize and repair specific electrical circuits in the human body. When the circuits are compromised, stressed or broken, this leads to illness. The Perelandra Essences are used as needed for specific issues.



Essence of Perelandra:

Provides a unique balance that adds a foundation of strength, stability and support for humans, animals, environments and projects.



ETS Plus for Humans:

The perfect emergency trauma solution for any sudden or long-term trauma, or even daily stress. Also available: ETS Plus for Animals, ETS Plus for Plants, ETS Plus for Soil-less Gardens and ETS Plus for Soil.

** See p. 3 for more detail on the differences between Essences and Solutions.*

Please contact us for a free copy of the Perelandra catalog.
For more information and instruction on advanced use of the Solutions,
the comprehensive *MBP Balancing Solutions Guide* is free online.



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