



THE PERELANDRA ESSENCES

*A Revolution in Our Understanding
and Approach to Illness and Health*



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Chapter 17

Perelandra Post-Death ETS Plus Process*

* This process was formerly known as the Post-Death Essence Process.

ETS PLUS ALLOWS THIS PROCESS to be simplified while, at the same time, it vastly broadens the scope of support it gives to a family member or friend who has just died. It stabilizes the person during that initial post-death period when he or she is most vulnerable and greatly assists their healing process from the illness or condition that caused death. Your friend or loved one is just finding out that (1) they have died, and (2) life really does go on. This can be confusing and shocking at first. It's one thing to consider, debate and ruminate on what happens after we die. It's quite another thing to suddenly find ourselves in the middle of that reality.

YOU MUST DO THE POST-DEATH ETS PLUS PROCESS
WITHIN SEVENTY-TWO HOURS AFTER A PERSON HAS DIED.

After seventy-two hours, that person's electric system has shifted beyond your range to connect with it, and it is no longer possible for you to administer the ETS Plus drops.

You do not need to be physically touching the person who has died in order to administer ETS Plus. *This is the one Perelandra surrogate procedure that does not require you two to be in the same room.* The circuits that support his soul level will be connected with the circuits supporting your physical level. This will be done by both of you using focus. It's helpful to keep in mind that, although the person has been declared dead and his physical body has ceased to function, he still has an active and alive electric system that has just shifted into "post-death mode." He can still hear you and sometimes he can see you. Plus, he's no longer tied to the room where his body is located. So this surrogate test will seem as if the person is right there with

you and cooperating with the testing. That's because he is electrically connected with you and cooperating with the testing.

It is, of course, best for people to be stabilized throughout the entire dying process by having someone do a surrogate Basic Essence Test each day. Whether the Basic Essence Test has been done daily or not, ETS Plus is still important and helpful within the first seventy-two hours after death. However, if it is impossible to do the Post-Death ETS Plus Process, relax. They'll be fine. Many people have died successfully without assistance and support from ETS Plus.

THE POST-DEATH ETS PLUS PROCESS STEPS

1. To start, take one dose of ETS Plus for yourself. This prepares you and clears your electric system for the process.

2. State your intent:

I wish to connect my electric system with [person's name]'s electric system for administering ETS Plus.

3. Ask _____ (friend's name) to focus on you while you focus on him. Hold the focus for *ten seconds* while the connection is completed.

Test your connection by asking (aloud):

Are our two electric systems connected for this Post-Death ETS Plus Process? (Test the question.)

If negative, spend a few more seconds focusing on the individual (think about him)—and relax. If you are being distracted, move to a quieter room or quiet the environment you are in. Remind him to keep his focus on you. Test your connection again. This time you should get a positive result.

4. Now, say hello and tell the person that you would like to offer ETS Plus. In a couple of sentences, explain what ETS Plus does and what it will do for him. Speak to him as if you were talking to him over a telephone. Once you have explained ETS Plus, ask him if he understands what you are explaining. Use PKTT to discern his answer. He can hear you quite well. If he doesn't understand, it's because he needs it explained differently and not because you need to say it louder. Keep your

explanation as simple and direct as possible. You don't have to give a full-blown class on ETS Plus. Just give him an idea of what it is and how it can help stabilize him now and assist in his healing process. Don't be surprised if a person who had no interest in such things prior to death is open to using ETS Plus *after* death. We all tend to change our perspective on things once we've died!

NOTE: It is not unusual for you to feel deep emotions—and express them—during this process. If you feel at any time that you could use more support, take another dose of ETS Plus, stating as you take it that the ETS Plus is for you. It's also not unusual to feel how special and positive this experience is for the two of you. We've had many reports from people who have done the Post-Death Process for a loved one and talked about what a terrific, warm, practical and sometimes humorous experience it was.

5. Once the person understands, ask:

Would you like me to administer ETS Plus to you? (Test the question.)

If he does not wish to receive the ETS Plus drops, move on to step 8. Do not try to coerce him into changing his mind. It is important to respect his decision. He knows what he wants. But you might feel his gratitude towards you for caring enough to offer. This alone can be very comforting and healing to him.

6. Administering ETS Plus: With your two electric systems still connected, you will focus on this person and then you take one dose of ETS Plus orally. Your focus will route the ETS Plus through your electric system and into his.

7. Maintain your focus for one full minute. You are waiting for the ETS Plus to transfer fully to his electric system.

After the minute, PKTT test the person to make sure the ETS Plus shift occurred. If not, repeat steps 6 and 7. Once you get verification that the shift has happened, wait five minutes and test to see if he needs a second dose. Most of the time, just one dose will be needed. But if he needs another dose, focus on him and repeat steps 6 and 7. Do this every five minutes until he tests that he does not need another dose. Be sure to verify that each shift has occurred.

8. Once he tests clear, you may spend *up to a half hour* talking to him. You may talk about anything, and you may even ask questions about how he feels, and so forth. You'll probably need to ask simple yes/no questions and PKTT his answers.

The fact that you are still connected to one another electrically facilitates this communication process. Try not to press any feelings of grief and sorrow (or anger) you might have onto the person. This process and time is for the welfare of the person who has died, and it is not appropriate to try to unload your emotions onto that person. Do not spend more than a half hour talking with the person. By this time, you are both getting tired. And he needs to move on. After the half hour is up, tell him you have to close down the process. Wish him well and say goodbye.

9. Close the process by stating aloud:

I request that our two electric systems be disconnected now.

The disconnection will occur immediately. It's the same as in surrogate testing when the two people stop touching.

10. If you experienced a lot of emotions during the process and after the disconnection, take another dose of ETS Plus. After about an hour or two, if you feel you still need support, do a Basic Essence Test for yourself.

