

Perelandra Essence Telegraph Test Checklist

Name: _____

Date: _____

Intent: _____

First, do a Basic Essence Test to clear yourself. Then focus on the intent and ask, "Which electric circuits need telegraph testing for [read intent]?" Test the list.

- ___ ___ Cell division/mitosis
- ___ ___ Tissues: Epithelium
- ___ ___ Tissues: Connective Tissue
- ___ ___ Tissues: Muscle Tissue
- ___ ___ **SKELETAL SYSTEM: unit**
- ___ ___ Bones of the Skull
- ___ ___ Vertebrae and Vertebral Column
- ___ ___ Thorax
- ___ ___ Upper Limbs: Pectoral Girdles and Arms
 - ___ ___ Forearms
 - ___ ___ Bones of the Hands
- ___ ___ Lower Limbs: Pelvis and Pelvic Girdle
 - ___ ___ Thighs and Legs
 - ___ ___ Bones of the Feet
- ___ ___ Joints: unit
- ___ ___ **MUSCULAR SYSTEM: unit**
- ___ ___ Head (including face and mastication)
- ___ ___ Neck
- ___ ___ Torso
- ___ ___ Upper Limbs (shoulders, forearms, wrists, hands, fingers)
- ___ ___ Lower Limbs (gluteal region, thighs, legs, feet)
- ___ ___ **CARDIOVASCULAR SYSTEM: unit**
- ___ ___ Blood and Blood Cells
- ___ ___ Mediastinum
- ___ ___ Heart
- ___ ___ **LYMPHATIC SYSTEM: unit**
- ___ ___ Thoracic Duct and Tributaries
- ___ ___ Lymph Nodes
- ___ ___ **RESPIRATORY SYSTEM: unit**
- ___ ___ External Nose, Nasal Septum, Nasal Cavity
- ___ ___ Paranasal Air Sinuses
- ___ ___ Pharynx and Larynx
- ___ ___ Lungs and Bronchial Tree
- ___ ___ Mediastinal Surface of the Lungs
- ___ ___ **INTEGUMENTARY SYSTEM: unit**
- ___ ___ Skin
- ___ ___ Sensory Receptors of the Skin
- ___ ___ **DIGESTIVE SYSTEM: unit**
- ___ ___ Mouth and Tongue
- ___ ___ Teeth
- ___ ___ Pharynx and Esophagus
- ___ ___ Peritoneum
- ___ ___ Stomach
- ___ ___ Small Intestine: Duodenum, Jejunum, Ileum
- ___ ___ Large Intestine
- ___ ___ Liver
- ___ ___ Gall Bladder, Pancreas, Spleen
- ___ ___ **URINARY SYSTEM: unit**
- ___ ___ Kidneys, Abdominal Cavity Vessels
- ___ ___ Kidney, Coronal Section
- ___ ___ Uriniferous Tubule
- ___ ___ **REPRODUCTIVE SYSTEM**
- ___ ___ Male: unit
 - ___ ___ Testes
 - ___ ___ Urethra, Penis, Urogenital Region
- ___ ___ Female: unit
 - ___ ___ Ovaries
 - ___ ___ Uterus and Uterine Tubes
- ___ ___ Breasts
- ___ ___ Embryo/Fetus, Fetal/Maternal Coverings, Placenta
- ___ ___ **ENDOCRINE SYSTEM: unit**
- ___ ___ Pituitary Gland and Hypothalamus
- ___ ___ Thyroid Gland and Parathyroid Glands
- ___ ___ Adrenal Glands
- ___ ___ Gastrointestinal Hormones and Pancreatic Secretions
- ___ ___ **NERVOUS SYSTEM: unit**
- ___ ___ Neurons, Nerve Endings
- ___ ___ Reflex Arcs
- ___ ___ Central Nervous System: unit
- ___ ___ Ventricles
- ___ ___ Meninges of the Brain and Spinal Cord
- ___ ___ CSF (cerebrospinal fluid)
- ___ ___ Cerebral Hemispheres
- ___ ___ Diencephalon
- ___ ___ Brainstem/Cerebellum
- ___ ___ Spinal Cord
- ___ ___ Ascending (Sensory) Tracts
- ___ ___ Descending (Motor) Tracts
- ___ ___ Spinal Nerves
- ___ ___ Nerves to Upper Limbs
- ___ ___ Nerves to Lower Limbs
- ___ ___ Dermatomes
- ___ ___ Cranial Nerves
- ___ ___ Autonomic Nervous System (ANS)
- ___ ___ Visual System
- ___ ___ Auditory System
- ___ ___ Taste and Olfaction
- ___ ___ **IMMUNE SYSTEM: unit**
- ___ ___ Thymus and Red Marrow
- ___ ___ Spleen
- ___ ___ Lymph Node
- ___ ___ Mucosal Associated Lymphoid Tissue (M.A.L.T.)
- ___ ___ **FACTOR-X**
- ___ ___ Factor-Y
- ___ ___ Factor-Z