#### PERELANDRA MBP

#### MICROBIAL BALANCING SOLUTIONS

## Machaelle Wright

The Perelandra MBP Balancing Solutions each address the balance and function of its respective system and the microbes that work in conjunction with that system.

The MBP Balancing Solutions do not specifically address or heal any illnesses, diseases or conditions we might be experiencing. For example, they are not medicines designed to treat cancer, infectious diseases, muscular dystrophy or tuberculosis.

#### The following is a list of the Perelandra MBP Balancing Solutions:

- Cardiovascular System
- Digestive System
- Endocrine System
- Immune System
- Integumentary System (skin)
- Lymphatic System
- Muscular System
- Nervous System
- Reproductive System: Female
- Reproductive System: Male
- Respiratory System
- Skeletal System
- Urinary System
- Cell



# Question Hot Line

1-540-937-3679 Wednesdays, 10 AM to 8 PM, Eastern

If you have any questions about the Perelandra MBP Balancing Solutions or other Perelandra material or products, our Question Hot Line is for you. To assist as many customers as possible, we need to limit the calls to ten minutes. Please prepare your questions before calling.

If you have questions about placing an order, please call our order line at 1-800-960-8806.

Also, you're always welcome to email your question to: questions@perelandra-ltd.com

The ideas, procedures and suggestions contained in this brochure are not intended as a substitute for consulting with your physician. All matters regarding your health require medical attention.

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## How the MBP Balancing Solutions are Made

The MBP Balancing Solutions have been created by nature from a combination of electrical patterns from different plants, minerals, natural gases and elements found in the sea, atmosphere and on land. During the production process, Machaelle works with nature to combine the thirty to forty patterns needed for each Solution. In the first phase of the process, nature restores each pattern back to its original state of balance, thus eliminating any damage that has been caused by environmental breakdown and human interference. This allows the Solutions to be made with balanced and "clean" electrical patterns. In the next phase of the production process, the balanced electrical patterns are combined. The somewhat explosive result is a completely new, complex, cohesive electrical pattern.

The MBP Balancing Solution patterns are then released to and stabilized in water. The bottled Solutions are preserved in brandy or distilled white vinegar. All MBP Balancing Solutions are natural, and by using only electrical patterns rather than the physical elements from the thirty to forty different "ingredients," no allergic reactions or side effects are triggered—unless you are allergic to water, vinegar or brandy. In short, the Perelandra MBP Balancing Solutions provide us with a quick, safe and simple way to ensure that our body's systems receive the natural support and strength needed for proper and full function in today's world.

#### Which Solutions to Take

We recommend you start with the Immune System Balancing Solution and Lymphatic System Balancing Solution. Then build from there according to your needs and/or family history. If familiar with kinesiology testing, you can test the list of MBP Balancing Solutions, or use PIC: The Perelandra Information Center (see our website). But no matter what, always include Immune and Lymphatic. These two body systems create the foundation for all other system balancing.

# MBP Balancing Solutions and Perelandra Essences: Differences

With the Perelandra Essences, you can address an issue as it is uniquely manifesting in you. They are tools that provide individualized support and they allow you to address a problem with precision and in detail. The MBP Balancing Solutions have a more generalized, overall effect for each system. When taking the Solutions daily, the need for testing essences is reduced because your overall balance is stronger and more stable. However, should an issue arise, you can then test the Perelandra Essences for the specific electric circuits involved. Your daily regimen will then include your needed essence dosage along with your daily MBP Solutions dosages.

#### Dosages

The MBP Balancing Solutions must be taken daily. They are designed to give your body's systems what they need daily and do not provide their needs beyond a day.

#### Adults and Children Over 12 Years

Take the correct number of drops listed on the bottle or on the dosage chart (from dropper to tongue) every evening at bedtime. Be careful not to let the dropper come into contact with the mouth. Should the dropper become contaminated, wash it off before sticking it back in the bottle.

When taking more than one Solution at bedtime, the order in which you take them doesn't matter. They only need to be taken after you have finished eating and drinking for the day, and the number of drops taken for each Solution must be accurate. Take each Solution directly from the bottle dropper (i.e., don't mix the different Solutions in a spoon, cup or brandy snifter) and wait about five seconds between Solutions. Remember: for best results, *don't mix Solutions into one "super cocktail."* 

Diluting the Solutions for adults is not recommended. However, if you need to soften the vinegar or brandy preservative taste, dilute the correct number of drops in one teaspoon of water. Consult the chart for the correct number of drops to use when diluting. It's not the same as the number of drops given straight from the dropper. Remember: for best results, *do not mix the diluted Solutions into one "super cocktail."* 

#### Children Under 12 Years

Administer the correct number of drops listed in the dosage chart (from dropper to tongue) to the child daily at bedtime. If the child's mouth, tongue or other body part touches the dropper, wash the dropper off before putting it back in the bottle.

For small children, you may dilute drops of the Solution in up to two ounces of cold or tepid water (not juice, milk, formula or hot water) to "soften" the taste of the brandy or vinegar preservative used in the Solution. *Do not mix these diluted Solutions together into one "super cocktail.*" If your child is taking three Solutions in the diluted form, you will need to dilute each Solution in a separate cup. The child will need to drink each diluted Solution entirely, one Solution at a time, in order to receive a full dosage. Therefore, when diluting, use as little water as is needed for the child to take the dosage.

See the dosage chart (page 4) for the number of drops to use when diluting for children. It's not the same as the number of drops that would be given straight from the dropper.

#### Infants Under Nine Months of Age

The Solutions may be administered by putting the correct number of drops on the child's forehead and gently massaging this dosage into the skin. (See the dosage chart on page 4 for the correct number of drops to use.) If administering more than one MBP Balancing Solution, apply and massage in each Solution separately. Wait about five seconds between each application. Once the child is nine months or older, he or she will need to take the Solution orally. As with adults, using both the Immune and Lymphatic Solutions provide greater support during crucial times when the child's body systems are being challenged, or for chronic issues.

#### Animals

Dosage is the same for all animals *regardless of size or species*—whether furred, feathered or scaled. Administer the correct number of drops of undiluted Solution (from dropper to tongue) to the animal daily at "bedtime."

If the animal touches the dropper, be sure to wash the dropper off before putting it back into the bottle. You may put the correct number of drops of a Solution in your clean hand and let the animal lick your hand. Or you can let them lick the correct number of drops of a Solution from a plate. If bribery is needed, add the correct number drops of each needed Solution to a small amount of food or broth (1 tablespoon) and give to the animal at "bedtime." For these methods and any other you come up with, and for best results, *do not mix the Solutions together into a "super cocktail."* 

Heads Up for Dogs & Cats: Brandy and vinegar (the pattern preservatives) can be toxic to both dogs and cats. If your animal needs a lot of Solutions that means he/she will be getting a rather large dose of brandy or vinegar. We have not had any problems in the past with the small amount of brandy or vinegar an animal received. However, just to be on the safe side if you are addressing a more complex issue with animals, PIC: The Perelandra Information Center offers a more comprehensive approach and provides a way for administering all of the needed Solutions without giving the animal too much brandy or vinegar. See our website.



# MBP Balancing Solutions Dosage Chart

MBP Balancing Solution	Adults and Children Over 12 Years		Children Under 12 Years		Infants (under 9 mos.)	Animals
	Regular Dosage	Diluted Dosage*	Regular Dosage	Diluted Dosage*	Topical Dosage	Regular Dosage
Cardiovascular	5 drops	9 drops	3 drops	4 drops	4 drops	5 drops
Cell	7	11	5	6	5	7
Digestive	7	11	5	6	6	7
Endocrine	6	10	4	5	4	6
Immune	6	10	5	7	5	6
Integumentary	8	12	6	6	5	8
Lymphatic	5	9	4	5	4	5
Muscular	4	8	3	4	3	4
Nervous	7	11	5	6	5	7
Reproductive: Female	5	9	4	5	4	5
Reproductive: Male	5	9	4	5	4	5
Respiratory	7	11	5	6	5	7
Skeletal	7	11	5	6	5	7
Urinary	8	12	5	6	5	8

<sup>\*</sup> Diluting the Solutions for adults is not recommended. However, if you must, you may dilute the Solutions in less than one teaspoon of cool or tepid water. For children, you may dilute the Solutions in no more than two ounces of water. (See page 2.)

#### Illness, Injuries, Surgery, Hospital Stays/Visits

Take the Immune and Lymphatic plus the Solutions for the body systems involved with the problem twice daily (in the morning before breakfast and again at bedtime) for the length of time recommended below.

*Simple illnesses:* Twice daily throughout the period of recovery and recuperation. Continue this dosage for two weeks after the recuperation and recovery period to make sure your body has what it needs to complete the healing process.

*Serious illness and injury:* Twice daily throughout the period of recovery and recuperation and for one year after to make sure your body has what it needs for complete recovery and recuperation. After that year, you may take these Solutions just one time daily at bedtime to maintain a high level of balance.

At the hospital: If you know ahead of time that you'll be staying in the hospital, prepare your body by taking the Immune and Lymphatic plus the Solutions for the body systems that are involved with the problem twice daily for two weeks prior to your scheduled stay. After the hospital stay, whether for an emergency, surgery or scheduled tests, take these Solutions twice daily for two weeks after you return home.

*Surgery:* Twice daily for two weeks prior to the surgery and throughout your full recovery and recuperation period. Then take those MBP Balancing Solutions once a day at bedtime for an additional month.

If you are visiting someone in the hospital: Consider that you are likely to be exposed to some pretty interesting and, perhaps, undesirable elements. To better prepare yourself for these visits, take the Immune and Lymphatic Solutions twice daily throughout the entire time they are in the hospital plus one week after the person comes home from the hospital. Don't just take these two Solutions on the days that you visit. For example, if they are in the hospital for two weeks, take these Solutions twice daily for a total of three weeks (the two hospital weeks plus the one post-hospital week).

If you know ahead of time, you can better prepare for exposing yourself to the hospital environment by starting the twice-a-day dosages of the Immune and Lymphatic Solutions one week prior to the expected hospital stay.

### Combining with Health Treatments

You may combine the Perelandra MBP Balancing Solutions with health treatments—conventional or alternative. The Solutions are not a replacement for sound medical treatments, but rather function as a support and assist you as you move through the treatments you choose to use. The Solutions are safe and will be compatible. However, if your Solutions are preserved in brandy, you should be sure that the brandy is compatible with any medications you are taking. During these times you may need to switch to the vinegar-preserved Solutions.

# ADVANCED MBP BALANCING SOLUTION USE

The MBP Balancing Solutions were developed to be simple to use. If you are using them as outlined this brochure, you are getting the full benefit and support as they were intended. However, I've found that it is possible to expand the use and benefits of the Solutions. For this, you will need to know how to do PKTT (Perelandra Kinesiology Testing Technique) and how to do telegraph testing. Instructions for learning PKTT are available in many of our books, videos, papers and on our website. Instructions for telegraph testing are included in the book, *The Perelandra Essences*.

I am presenting the following information assuming you already know how to PKTT test and are familiar with telegraph testing.

### Testing for Morning Dosage

In the mornings, PKTT test for which body systems need a morning Solution dose. With this testing, you remove the guesswork and eliminate waste by taking only what you need. Set up for this testing by stating (aloud or to yourself): "Which MBP Balancing Solutions do I need to take this morning?" Then test the bottles as you would test your Essences. The bottles that test positive are the Solutions your systems need that morning. Remember to wait 20–30 minutes before eating or drinking anything.

## Telegraph Testing for Specific Situations

You can receive additional help by telegraph testing the Solutions for specific issues. For this, you will need the full set of MBP Balancing Solutions and you will need to know how to PKTT test and how to do a sequential test. Telegraph testing the Solutions is done in combination with regular Solution use. It does not replace your regular Solution use. Therefore you'll need to do the telegraph testing at bedtime or first thing in the morning when you take your normal daily Solutions.

- 1. Take the Solutions you normally take each evening/morning.
- 2. Wait 10 seconds.
- 3. Set up for the telegraph test—State: "I would like to telegraph test the MBP Balancing Solutions for \_\_(problem / issue)\_\_."

  PKTT test the Solutions as you would test your essence bottles.
- 4. The Solutions that test positive indicate the body systems that require additional balancing and support for this particular problem.

- 5. Number of drops: Don't test for number of drops. Take the correct number of drops as listed on the dosage chart. No matter what you are testing for, the drops remain the same as on the dosage chart. If you have already taken any of these Solutions in Step 1, you'll need to take them again. The second dosage is being earmarked for this particular problem. Important: When taking your telegraph test Solutions, you must first clear yourself with your regular morning and/or evening dose of the Solutions. Then, focus on the specific issue while taking the Solutions for that test.
- 6. Times per day: You won't have to test for this either. Take the Solutions that tested positive in this telegraph test twice daily—first thing in the morning after you have taken your morning dose of your regular Solutions that are needed for that day and again at bedtime after you have taken your regular nightly Solutions. In short, always take the Solutions needed for telegraph testing *after* taking your regular daily Solutions.
- 7. Test for how many days you are to take the Solutions for the specific issue you are telegraph testing. Do a sequential test for the number of days you are to take the Solution dosage. (For information on sequential testing, see the book, *The Perelandra Essences*.)
- 8. Once you have completed a dosage period, do a follow-up telegraph test for this specific issue to make sure no other MBP Solutions are needed. Keep doing this until you test clear for this issue. If you need additional Solutions as a result of the follow-up telegraph testing, this simply means that your body's systems are dealing with this issue in stages and the new Solutions address the next stage of the process. (For information on follow-up testing, see the book, *The Perelandra Essences*.)
- 9. Once you have completed the dosages for the telegraph test, you will continue to take your regular, daily, non-telegraph Solutions as usual. Telegraph dosages are in addition to your regular, daily, non-telegraph Solutions and do not eliminate the need for them.

#### More About the Body Systems

For more information about what parts of the body are included in each of the systems, we recommend *The Anatomy Coloring Book* by Wynn Kapit and Lawrence M. Elson.

Or go to the "InnerBody Anatomy Explorer" website:

http://www.innerbody.com

## Frequently Asked Questions

#### What do I take for <u>(specific issue)</u>?

Start with the Immune and Lymphatic Solutions. Then add any other Solutions needed for the body systems involved in a particular health issue. You can also use PIC: The Perelandra Information Center (see our website).

#### Can I start taking all of the Solutions at once?

Yes. However, Machaelle recommends you begin with the Immune and Lymphatic Solutions, then add two to three new Solutions every 2 or 3 weeks.

#### Can I brush my teeth afterward? Drink water? Eat?

The Solutions should be taken last—after eating, drinking, brushing your teeth, taking essences, taking medications, etc. Wait 15 minutes, then take the Solutions. If you wake up in the middle of the night, it's okay to eat or drink.

#### What happens if I miss a day?

The Solutions are to be taken daily, and you need to be consistent to build the balance of each system. If you miss a dose, you'll notice a lack of support the next day. Be sure to remember to take them that night.

#### Can I combine the Solutions I'm taking into one glass?

No. Take them separately.

#### How long will one bottle last one person?

There are about 1,200 drops in a 2-oz. bottle. Depending on the dosage and whether you're taking the Solution once or twice daily, a 2-oz. bottle will last about 3 to 6 months.

#### Do the Solutions go bad? Do they lose their effectiveness as they get older?

The Solutions have an indefinite shelf life. Sometimes the Solution will absorb the rubber dropper flavor. The Solution is still potent, even if it tastes a bit odd.

#### Do I test the number of drops needed?

No. Absolutely not. Never. Take the number of drops listed on the label.

#### Can I use the Solutions topically?

To benefit, you must take them orally.

#### Can I take my MBP Balancing Solutions through the airport x-ray?

Yes. The MBP Balancing Solutions were created to withstand the effects of x-ray.

# If I take all MBP Solutions and the Seasonal Balancing Solution, what is the correct order and wait time to take them?

In the evenings, you take Seasonal first, then the MBP Solutions. In the morning, take the MBPs first and then Seasonal. Wait 5 seconds between taking each.

#### What if I stop taking the Solutions?

Simple. Then you're no longer receiving the support that the Solutions offer.

#### How do I tell if they're "working"?

Some people will experience immediate changes once they begin taking the Solutions. Most people (with or without a serious concern) tell us that they can see and feel differences within two to three months. However, others say they experience no changes within those first few months. Their systems are most likely going through a building and balancing process that isn't immediately discernable. But if they continue to let the systems go through that process, they will eventually notice changes.

# What is the difference between the MBP Balancing Solutions and the Microbial Balancing Program?

The Solutions provide overall daily support for your systems while the Microbial Balancing Program works with pinpoint accuracy on specific issues within any body system. Also, the Solutions have a gradual, building effect that is the result of taking them daily. The Program, because of the precision of its focus, can have an immediate effect.

# Do the MBP Solutions replace the balancers (or essences) used in the Microbial Balancing Program?

No. But strengthening and balancing with the MBP Balancing Solutions will simplify the testing needed when using the Program.

#### Do the Solutions replace using the Perelandra Essences?

No. The Perelandra Essences balance a person's electric system. The MBP Balancing Solutions function as a comprehensive pattern that supports a particular body system and the microbes connected with that system. By using the essences, you can address a health issue as it is uniquely manifesting in you. And by taking the Solutions, you'll find you test for fewer essences.

#### Do I ever stop taking the Solutions?

Yes and no. It depends. Solutions that are needed for a specific problem can be discontinued once you are completely out of the problem. However, if the problem tends to recur, that's an indication to you that the systems related to the problem need regular assistance and that you should continue these Solutions.

Those systems that you already know are compromised would benefit from long-term daily dosages of that system's Solution. If there is a family history of a specific issue, then this is an indication that there's a weakness that runs in the family that might be affecting you. Taking the Solution that balances and supports (throughout your lifetime) the system involved would be a good idea.

#### There's no way I'll get my cat to take these!

Yes, you will. Have faith. If bribery is needed, add the correct number of drops of a Solution to a small amount of food or broth (1 Tablespoon) and give to the animal at "bedtime." Remember, you must not mix the Solutions when you are administering more than one. See our web site for more suggestions.



# PIC: THE PERELANDRA INFORMATION CENTER

If you would like to learn more about these Solutions or tailor the group of Solutions and Essences you are taking to

your personal needs, we recommend you use PIC. This is your a specialized "library and classroom in the sky" for all of the Perelandra bottled products. Just go to our website and click on the PIC Librarian to learn more.

http://www.perelandra-ltd.com



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